



CENTRAL  
DISTRICT  
HEALTH

**2019 Novel Coronavirus  
[COVID-19]**

[cdh.idaho.gov/dac-coronavirus](http://cdh.idaho.gov/dac-coronavirus) | [cdc.gov/coronavirus/2019-ncov/index.html](http://cdc.gov/coronavirus/2019-ncov/index.html)

To Apply for WIC:

**Visit or call Central District Health**

**Boise (208)327-7400**

**Mountain Home (208)587-4409**

WIC is a federally funded nutrition program for Women, Infants and Children. WIC helps families by providing:

- eWIC cards to buy healthy supplemental foods from local grocery stores (authorized Idaho WIC vendors)
- Nutrition education
- Help finding healthcare and other community services
- Breastfeeding information and support

Applicants must:

- Be a resident of Idaho
- Meet income guidelines
- Be pregnant or be breastfeeding a baby under one year of age or have just had a baby or
- Have an infant or a child under the age of five

\*Additional WIC clinics are located in McCall, Idaho City, Glenns Ferry, Cascade, Horseshoe Bend, Garden City, Marian Pritchett, Kuna, Meridian, Mt. Home Air Force Base, and Terry Reilly. Call the Boise WIC office for further information.

Bring all of the following things to this appointment:

- Each person who is applying for WIC.
- Identification for you and your children. This can be a birth certificate, crib card for newborns, driver's license or other legal identification.
- Proof of where you live. This should be current (within the last 30 days) and must show the actual address where you live. Bring a letter, utility bill, driver's license or rent receipt. A post office box number is not adequate proof.
- Immunization records for your children.
- If your infant or child uses diapers, bring an extra diaper.
- Confirmation of your pregnancy, if you are expecting. Bring a statement from the health care provider showing your baby's due date.
- Proof of income for your entire household.

WIC is an equal opportunity provider. For the full nondiscrimination statement and contact information to file a complaint, please visit the Idaho WIC website at [www.wic.dhw.idaho.gov](http://www.wic.dhw.idaho.gov).