



Elmore County Health Coalition Meeting

Thursday, February 16th, 2022

12:00 – 1:00pm

Teams meeting link located on page 2

Meeting Location:

Mountain Home Police Department

2775 E 8th N

Mountain Home, ID 83647

MISSION

To bring together and work with community partners to empower our communities through strategic initiatives that advance equity and health for present and future generations

Agenda

Welcome and Introductions

12:00 – 12:05 PM

Attendees: Kelsey Cooper, James Roddin, Ty Larsen, Courtney Kelly, Rick Viola, Beth Deschene, Jessica Mann, Kristina Erickson, Vicky Jekich, Kristin Pelletier, Christy Acord.

Presentation on Idaho Foodbank Programs in relation to the action plan

Kelsey Cooper-Idaho Foodbank

12:05 – 12:30 PM

Kelsey gave an excellent presentation about the Idaho Foodbank Programs and how they would relate to and tie into Goal 2 for the ECHC Action Plan. You may view her presentation on the ECHC landing page in the “Presentations” section:

<https://cdh.idaho.gov/echc.php>

Highlights:

There are many sites and organizations that are already partnering with the foodbank to implement some of the mentioned programs which will be added to our database of programs:

Backpack Program Schools (closed to public, students only)

Glenns Ferry Schools – Glenns Ferry

East Elementary – Mountain Home
North Elementary – Mountain Home
West Elementary – Mountain Home

Mobile Pantries (open to public)

Glenns Ferry Three Island Pantry – Veterans of Foreign War Hall
Mountain Home Community Distribution – Optimist Park

CSFP Distribution Sites (federal senior food box program, income eligible)

Calvary Chapel Fellowship – Mountain Home
Three Island Pantry – Glenns Ferry

Food Pantries (open to public)

Bennett Mountain Community School Pantry – Mountain Home
El-Ada CAP – Mountain Home
Three Island Pantry – Glenns Ferry
South Fork Boise River Senior Center – Pine
Our Lady of Good Counsel Parish – Mountain Home

There were lots of questions, inquiries and brainstorming happening about ways to specifically implement the Cooking Matter program throughout the community, e.g. partnering with the farmers market, or MOHO market and teaching Cooking Matters classes there? Teaching Cooking Matters classes at the libraries? Rec Centers? Summer lunch programs? Getting Cooking Matters or cooking education onto the base? Sites who want to host, and volunteers who want to teach Cooking Matters may contact the Idaho Foodbank Nutrition Services Manager at gboobar@idahofoodbank.org or fill out the participant form and specify that they would like to be trained in the “questions/comments” section of the online form. Here is the participant form: <https://idahofoodbank.org/cooking-matters-classes/>

It was mentioned that we would like to see educational material for food preparation for people who are picking up food boxes. Rick said they would put recipes into the boxes that people would pick up, but the dietician would need the food ingredients being included beforehand, to make that happen again. We also thought about partnering with interns or perhaps drama/AV classes at the schools to make cooking demo videos for the recipes?

Questions came up about the Cooking Matters at the store and how to get that implemented in Elmore County grocery stores. Kelsey will

need to connect us with her director of programs to see how this could get started, and report back?

Questions about Spanish Cooking Matters classes came up. There are Spanish speaking facilitators, but not Spanish curriculum materials currently.

Questions about Foodbank Programs in Headstart came up. Kelsey will follow up.

Courtney will try to reach out to Chamber of Commerce to try and get Pop club back into the Mountain Home Farmers Market.

Discuss action plan and make any commented changes to it specifically related to food and nutrition projects goal (Goal 2).

Assign responsible people/organizations- proposed timelines

Mindy Curran- CDH

12:30 – 12:50 PM

Mindy will begin compiling an inventory-type list of all the sites that offer nutrition education programs and healthy, affordable food. Once the list of sites is compiled we can start to check and make sure that the programs are offering the things we value, choose which programs/ sites we want to help promote, and begin creative supports for the programming. Thanks for starting that inventory list, Kelsey!

Updates and Announcements

Mountain Home High School will be having a Vaping Presentation done by Cody Orchard on March 3rd. Kati and Mindy will be attending this presentation as a training to be able to offer future vaping presentations in more locations in District 4, including Mountain Home and Glenn's Ferry.

12:50 – 1:00 PM

Vicky shared that next month is Colon Cancer Awareness Month, and we would like to help promote colon cancer screenings and the importance of healthy eating in the overall importance of colon health.

Mindy didn't have time to announce this, but the survey that was sent out last month proposing a new meeting time for the coalition meetings concluded that the current timing works the best for the majority of members. Mindy is going to begin sending out recordings of meetings with the meeting minutes (and begin trying to problem solve the poor sound quality so we can get better

recordings of meetings). If meeting time becomes an issue in the future, we will reevaluate a new meeting time.

**** Action Items****

1. Mindy-Compile a data sheet for sites hosting food education programs or who may be interested in hosting food education programming.
2. Mindy- Reach out to James and Cody about programs going on in the schools.
3. Kelsey- Follow up about programming happening in Headstart.
4. Rick- Find out about the summer park program, and if food lists will be available for dietician to create for food distribution?- Mindy can follow up with school to see if they have AV or drama clubs that could put together cooking videos for the recipes?
5. Courtney- Connect with Chamber of Commerce and report back about status of Pop Club being implemented at the Farmer's Market this year
6. Vicky- If St. Luke's has a colon cancer awareness graphic/info that you would like coalition to share, send to Mindy to put on landing page.

Next meeting: March 16th @ 12pm.

Find the Elmore County Health Coalition landing page and past minutes and presentations here: <https://cdh.idaho.gov/echc.php>