



Elmore County Health Coalition Meeting

Thursday, March 16th, 2022

12:00 – 1:00pm

Teams meeting link located on page 2

Meeting Location:

Mountain Home Police Department

2775 E 8th N

Mountain Home, ID 83647

MISSION

To bring together and work with community partners to empower our communities through strategic initiatives that advance equity and health for present and future generations

Agenda

Welcome and Introductions

12:00 – 12:05 PM

Attendees: Allan Carroll, Megan Smith (BSU), Brock Cherry, Brendon Yoshino, Vicky Jekich, Alicia Baptiste, James Roddin, Courtney Kelly, Rick Viola, Ty Larsen, Kate Johnsrud, Sierra Kistler.

Presentations/Discussion on programs related to Goal 3: Increase awareness of mental & behavioral health resources (needs? Problems?) in Elmore County

Specifically, support groups and events the coalition would like to promote.

Vicky Jekich, Sierra Kistler, Megan Smith, Kristina Erickson?, Others?

12:05 – 12:30 PM

Megan shared a program called Communities for Youth which is a program that aims to do upstream mental health prevention work utilizing a needs assessment and implementation plan for a specific community. Typically it is completed in conjunction with the schools, annually, and the data collected from the community stays in the community and is used for the community to develop projects for the community. Because Glens Ferry is already active with Project Aware, we were hoping to start there with this project. The survey is

an online survey, that is opt-out, which typically allows for a 70% response rate.

This project will be introduced at Parents Night in Glens Ferry on March 30th.

To learn more about the Community for Youth program visit:

www.communitiesforyouth.org.

Sierra shared that she and another CDH employee have developed a youth mental health first aid training for parents that is only one hour long instead of an 8 hour long training, to make it more accessible.

The objectives of this training are:

- Define key terms related to adolescent mental health
- Understand brain development as it relates to mental health
- Talking about how to build resiliency in adolescence
- Practicing skills for communicating effectively with youth
- Learning how to distinguish between normal adolescent behavior and possible mental health challenges
- Learning how to seek mental health care for your child if needed

Training will launch in May, and Sierra is seeking different partners and sites to host the training at. The training will also be offered in a train-the-trainer model for those who would like to train facilitators at their locations. Training will be available virtually and in-person. Ideally, the coalition will help promote the training. Please contact Sierra Kistler if interested in bringing this training to your facility when it launches: skistler@cdh.idaho.gov

Vicky did a recap on the Hiding in Plain Sight screening that happened in Mountain Home last year. We are hoping to host a 30 min screening of Hiding in Plain Sight in Glens Ferry in the fall. St. Lukes is partnering with the MH public library to have a follow up conversation during a live and virtual health talk featuring Tyler Norris on May 2nd from 12-1pm. The talk will be recorded and put on the St. Lukes Youtube channel.

Hiding in Plain Sight previews are available on the IPTV website. If an employer would like to share it at their location, contact St. Lukes and they can share the 30 minute screener at your location.

Vicky shared about the Yellow Bench Story, which was developed a few years ago as a way to promote suicide prevention awareness in Mountain Home. Would like to reintroduce the Yellow Bench Story to the youth of the community who may not be aware of the purpose of the yellow benches. Megan has some students who will be working on YBS PSA's to bring the story back.

Working on a opportunity to share the Hiding in Plain Sight screener at the Mountain Home Air Force Base.

Allan mentioned that Mountain Home Behavioral Health just opened and will have a new youth counselor, and is currently accepting patients.

Rick reported that Desert Sage currently has 200 people on their waiting list.

Discuss action plan and make any commented changes to it specifically related to Goal 3.

Assign responsible people/organizations- proposed timelines
Mindy Curran- CDH

12:30 – 12:50 PM

Based on the presentations given today, Mindy will be moving and reorganizing and Objectives in Goal 3, and also working on building out one other objective to account for the growth that Elmore County will see in the number of people seeking mental health services.

Updates and Announcements

12:50 – 1:00 PM

Allan reported that the youth center at the Doyle Ray Hope Center will hopefully be fully up and operational by the fall. They are running into some hurdles with transportation, for instance how to get kids there and home, but are looking at other youth center models in the stae to figure that out.

When operational, there will be mental health and youth development activities happening at the center.

The center currently hosts activities for adults, including multiple types of support groups, adult professional development courses, and job trainings.

Allan reported that there will be a Juneteenth event happening at Carl Miller Park on June 19th. See event flyer below or in email attachment to download and disperse in your community.



Brendon announced that he is actively looking for sites or organizations that would like to schedule overdose response trainings. Go here to request a training for your organization: <https://forms.office.com/r/perjmbSbZG>

Ty announced that the Elmore County Domestic Violence Center is having their grand reopening on March 22nd @ 4:30pm. The headquarters is at 160 N 3rd E.

Vicky announced the Idaho Hispanic/ American Indian Health care conference is coming up in June. See flyer below.



Brock announced that he has a billboard available for the city to help us promote things for the coalition. His wife is the one who runs the MOHO market (which is separate from the Mountain Home Farmers Market).

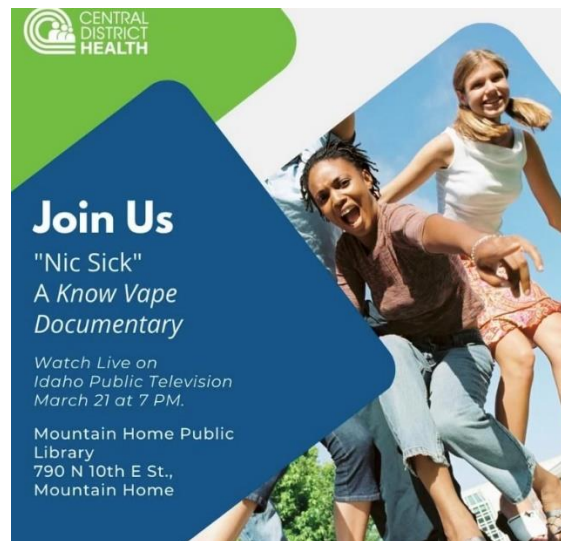
Brock also announced that the city is updating their master transportation plan and is working with a company out of Boise to help with it. Brock was asking to connect with coalition to get any information and policies we have related to this area. Mindy will connect Brock with Courtney, who works on the Get Health Idaho project, that involves active transportation work.

On the Last Thursday and Friday of April, Trivium will be doing their Looking Glass Academy, which is a walkability and bikeability study. It's a day and a half training, involving walking around the city and looking for things that can be improved for walkability and bikeability. This will be the 27th and 28th of April, both days, and there are only 30-40 spots available. Contact Brock Cherry if interested in participating in this:

bcherry@mountain-home.us

Brock also mentioned that the City of Mountain Home has a podcast called: Mountain Home Stories! Check it out! They put out 2-3 episodes a month.

Mindy announced that there is a screening of a Idaho-based youth vaping documentary happening (TONIGHT) March 21st @ 7pm at the Mountain Home Public Library. Or people can view the documentary on the IPTV channel on TV, or go to the IPTV website.



Next meeting: April 20th @ 12pm-1pm

Find the Elmore County Health Coalition landing page and past minutes and presentations here: <https://cdh.idaho.gov/echc.php>