



Elmore County Health Coalition Meeting

Thursday, April 20th, 2022

12:00 – 1:00pm

Teams meeting link located on page 2

Meeting Location:

Mountain Home Police Department

2775 E 8th N

Mountain Home, ID 83647

MISSION

To bring together and work with community partners to empower our communities through strategic initiatives that advance equity and health for present and future generations

Agenda

Welcome and Introductions

12:00 – 12:05 PM Attendees: Tricia Gingerich, Jolee Smith, Allan Carroll, Courtney Boyce, Courtney Kelly, Heather Allan, Vicky Jekich, Ty Larsen

Presentation of the solidified community action plan/ inventories
Voting on which programs/activities to support
Committee creation

12:05 – 12:25 PM A review was done of the ECHC Community Action Plan and resources and agencies were added. Mindy is going to send out a copy of the Action Plan for review and comments, and an online form will be used to vote on which programs/ activities the coalition should support. The online form will also inquire about volunteers for committees to work on the substance use, food and nutrition, and mental and behavioral health goals of the action plan.

Roundtable Updates, Announcements, Ideas (Meeting will be ending early)

12:25 – 12:45 PM **Courtney Boyce:** Central District Health is pursuing a behavioral health HRSA grant opportunity to address substance use prevention and substance use disorders for teens and adolescents. CDH would like to write in Elmore County agencies to receive this funding. Some activities that were brainstormed to


be supported by this grant opportunity are: peer recovery, support, certifications and trainings and supervision for staff offering those services; mobile mental health services; peer recovery and recovery oriented spaces; facilitation of a resource center; etc. If you think your agency could be supported by this effort and would be willing to write a letter of support for the grant application please reach out to Mindy (mcurran@dh.idaho.gov) or Courtney Boyce (cboyce@cdh.idaho.gov).

Heather Allan: Partnerships For Success program through CDH, has funding to support a presentation opportunity for a presentation called Save My Family. The presentation is meant to be educational for parents and families about the dangers of social media use for teens and adolescents. More information about this event can be found here:

<https://committingto16.org/save-my-family/>


If your organization would be interested in hosting this event, please reach out to Heather Allan (hallan@cdh.idaho.gov) . Presentation would need to occur by the end of June, so Heather would need to hear about interest by the end of this week (April 28th).

Vicky Jekich: St. Lukes is hosting a virtual health talk on May 2nd from 12-1pm. The topic is, How to Show Up for Young People with Compassion and Understanding. Please see the following flyer to share (also attached to minutes email) and encourage those who are interested to register. The Mountain Home Public Library will be hosting a place to watch the health talk as well for those who may have limited access to internet capabilities.



How to Show Up for Young People

St. Luke's Virtual Health Talk




St. Luke's invites you to a free, online discussion during Mental Health Awareness month.

www.stlukesonline.org/healthtalks


Tuesday, May 2, 2023
12 - 1 pm
Virtual online with Zoom

Registration Required:
[Click here](#) or Scan the QR code
Free Event



How to Show Up for Young People

Join Tyler Norris, MDiv and Monica Reyna as they share their lived experience, tools, and skills for supporting youth through compassion, understanding, language, and action. Learn how to 'be there' for and with our youth by creating environments in which youth and adults can talk about the hard things, hear each other, and find good ways forward.



For more information, call St. Luke's Center for Community Health at 208-727-8733

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Courtney Lewis: Boise State University started an initiative a few years ago to encourage students from rural Idaho to pursue their education and connect it back to positively impact their communities. The program is called the Community Impact Program. This year's cohort has chosen mental health as the topic to pursue.

On Saturday, June 10th at 10:00am at the Mountain Home Public Library the cohort will be presenting their project to a small group of community members. They are seeking community members who may have a mental health focus to attend, listen and provide feedback. The session will take 60 to 90 minutes.

You can learn a little bit more about the program here:

<https://www.boisestate.edu/ruraleducation>

If you would be willing to participate, please call or text Courtney Lewis directly at 208-599-0805.

Ali Shields: Idaho AWARE in partnership with the Idaho School Counselor Association, Idaho School Psychologist Association, and School Social Work Association of Idaho are working to provide the third annual Stronger Together Conference this October, and are looking for breakout sessions and workshops. Please see the following attachments, and share with anyone you think might be willing to put together a presentation for the conference (will also be attached to minutes email).



**2023 IDAHO STRONGER TOGETHER
CONFERENCE**

BECOMING AGENTS OF CHANGE

**CALL FOR
SPEAKERS**

Scan this QR Code or click the link provided below to complete our presentation interest form.



[SPEAKER PROPOSAL LINK](#)

We are seeking dynamic presenters for the 2023 Idaho Stronger Together Conference- Becoming Agents of Change. We encourage any interested speakers to complete our presentation proposal form. Audience members include school and community-based mental health providers, education personnel and stakeholders (educators, counselors, psychologists, social workers, law enforcement, and others).





SAVE THE DATE
2023 STRONGER TOGETHER
CONFERENCE
BECOMING AGENTS OF CHANGE

OCTOBER 3, 4, AND 5, 2023
 BOISE STATE UNIVERSITY-
 STUDENT UNION BUILDING
 1700 W UNIVERSITY DR,
 BOISE, ID 83725

MAKE HOTEL ACCOMODATIONS NOW:
HOME 2 SUITES
 \$179/NIGHT PLUS PARKING
 CALL 208 336 8277 TO RESERVE YOUR ROOM AT HOME 2 SUITES

TOWNEPLACE SUITES
 \$147/NIGHT
 FOLLOW THIS LINK TO RESERVE YOUR ROOM AT TOWNEPLACE SUITES

Sierra Kistler: Sierra with CDH will be hosting a number of Adolescent Mental Health 101 Trainings in the month of May with many different options for participation. See the flyer below for the in-person training happening at the Mountain Home public Library on May 25th from 12pm-1pm (flyer is also attached to meeting minutes email). Other dates for trainings will be happening virtually on the following dates:

- May 9th, 12-1pm Virtual
- May 15th, 10-11am Virtual
- May 17th, 5:30-6:30pm Virtual
- May 22nd, 12-1pm Virtual



ADOLESCENT MENTAL HEALTH 101
 by CENTRAL DISTRICT HEALTH

Adolescent Mental Health 101

Are you a parent or caregiver interested in learning more about adolescent mental health and how to support the youth in your life?

Join us for a **FREE 1-hour virtual training** where you will learn how to:

- Understand adolescent brain development as it relates to mental health
- Learn ways to help build resiliency skills in adolescents
- Practice skills for communicating effectively with adolescents
- Learn the difference between normal adolescent behavior and possible mental health challenges

And more!

DATE:
 May 25th, 2023

Time:
 12:00pm - 1:00pm

Location:
 Mountain Home Public Library
 790 N Tenth East St.
 Mountain Home, ID 83647

Scan the QR code to Register!



Have More Questions?
 Sierra Kistler
 skistler@cdh.idaho.gov
 (208) 559-0279

Next meeting: May 18th @ 12pm-1pm.

Find the Elmore County Health Coalition landing page and past minutes and presentations here:
<https://cdh.idaho.gov/echc.php>