

# ELMORE COUNTY HEALTH COALITION COMMUNITY ACTION PLAN

2023



## GOAL 1: DECREASE SUBSTANCE(S) USE IN ELMORE COUNTY

**Objective 1.1: By December 31st, 2023, promote awareness of up to 3 tobacco/nicotine/vaping cessation/prevention programs in Elmore County.**

### ✓ *Objective 1.1 Priority Activities*

- Promote INEDPTH program in schools
- Promote a tobacco/ vaping prevention and cessation campaign with a teen audience
- Promote smoking/vaping awareness months with monthly advertising and/or events for a teen audience.

**Objective 1.2: By December 31st, 2023, promote awareness of up to 3 underutilized substance use/ misuse prevention and substance use disorder treatment programs that serve Elmore County.**

### ✓ *Objective 1.2 Priority Activities*

- Promote Idaho Drug Free Youth chapters/ curriculum
- Promote Mountain Home Behavioral Health resources
- Support promotion of peer-led recovery support services (e.g. Hosting Celebrate Recovery, or SMART Recovery at a local church or community center).

## GOAL 2: INCREASE AWARENESS OF FOOD AND NUTRITION PROJECTS IN ELMORE COUNTY

**Objective 2.1: By December 31st, 2023, promote awareness of and support of up to 3 food and nutrition education programs in Elmore County.**

### ✓ *Objective 1.1 Priority Activities*

- Promote Mountain Home Parks and Rec nutrition programs for adults and youth
- Promote Idaho Food Bank Cooking Matters programming
- Review and reinforce certain health topics (e.g. poor eating in relation to long term health and organs) within the health curriculum in MH and GF schools.

**Objective 2.2: By December 31st, 2023, promote awareness of up to 3 sites that provide affordable access to healthy food.**

### ✓ *Objective 1.2 Priority Activities*

- Promote Idaho Food Bank Backpack Program
- Promote Idaho Food Bank Pantries for all ages
- Promote direct food delivery programming (e.g. Meals on Wheels, Southwest Idaho Area on Aging, etc.)

## **GOAL 3: INCREASE AWARENESS OF MENTAL & BEHAVIORAL HEALTH RESOURCES IN ELMORE COUNTY**

**Objective 3.1: By December 31st, 2023, promote awareness and support of up to 3 mental/behavioral health focused treatment or recovery support resources that have capacity to grow in Elmore County.**

### **✔ Objective 3.1 Priority Activities**

- Promote Mountain Home Behavioral Health programming (e.g. Mental Health Counseling, Group Counseling, Case Management, Substance Abuse Treatment, Co-Occurring Treatment)
- Promote and support Idaho AWARE Project
- Promote Desert Sage Behavioral Health Services (e.g. Community Health Worker through Get Healthy Idaho)

**Objective 3.2: By December 31st, 2023, support 3 or more mental/behavioral health focused community engagement events to promote awareness about mental/behavioral health issues.**

### **✔ Objective 3.2 Priority Activities**

- Yellow Bench Story Project Event
- Community Led Naloxone Distribution Event
- Overdose Prevention and Response Training

**LEARN MORE OR GET INVOLVED WITH THE ELMORE COUNTY HEALTH COALITION BY SCANNING THE QR CODE BELOW.**



PASSIONATE ABOUT  
THE HEALTH OF YOUR  
COMMUNITY? JOIN US!

Elmore County  
Health Coalition

MONTHLY MEETINGS ON  
3RD THURSDAY @12PM



**LEARN MORE**  
<https://cdh.idaho.gov/ehc.php>

The graphic is a light blue rectangular box with green decorative corners. It features a teal starburst icon in the top left and bottom right. The text is centered and uses a mix of bold and regular fonts. The Elmore County Health Coalition logo, which consists of four hands in shades of blue and green holding each other in a circle, is positioned on the left side. A QR code is located on the right side, and a teal banner with the text 'LEARN MORE' is at the bottom, with the website URL below it.