ELMORE COUNTY HEALTH COALITION
COMMUNITY ACTION PLAN
2023

GOAL 1: DECREASE SUBSTANCE(S) USE IN ELMORE COUNTY

Objective 1.1: By December 31st, 2023, promote awareness of up to 3 tobacco/nicotine/vaping cessation/prevention programs in Elmore County.

- Objective 1.1 Priority Activities
  - Promote INEDPTH program in schools
  - Promote a tobacco/ vaping prevention and cessation campaign with a teen audience
  - Promote smoking/vaping awareness months with monthly advertising and/or events for a teen audience.

Objective 1.2: By December 31st, 2023, promote awareness of up to 3 underutilized substance use/ misuse prevention and substance use disorder treatment programs that serve Elmore County.

- Objective 1.2 Priority Activities
  - Promote Idaho Drug Free Youth chapters/ curriculum
  - Promote Mountain Home Behavioral Health resources
  - Support promotion of peer-led recovery support services (e.g. Hosting Celebrate Recovery, or SMART Recovery at a local church or community center).

GOAL 2: INCREASE AWARENESS OF FOOD AND NUTRITION PROJECTS IN ELMORE COUNTY

Objective 2.1: By December 31st, 2023, promote awareness of and support of up to 3 food and nutrition education programs in Elmore County.

- Objective 1.1 Priority Activities
  - Promote Mountain Home Parks and Rec nutrition programs for adults and youth
  - Promote Idaho Food Bank Cooking Matters programming
  - Review and reinforce certain health topics (e.g. poor eating in relation to long term health and organs) within the health curriculum in MH and GF schools.

Objective 2.2: By December 31st, 2023, promote awareness of up to 3 sites that provide affordable access to healthy food.

- Objective 1.2 Priority Activities
  - Promote Idaho Food Bank Backpack Program
  - Promote Idaho Food Bank Pantries for all ages
  - Promote direct food delivery programming (e.g. Meals on Wheels, Southwest Idaho Area on Aging, etc.)
GOAL 3: INCREASE AWARENESS OF MENTAL & BEHAVIORAL HEALTH RESOURCES IN ELMORE COUNTY

Objective 3.1: By December 31st, 2023, promote awareness and support of up to 3 mental/behavioral health focused treatment or recovery support resources that have capacity to grow in Elmore County.

✔ Objective 3.1 Priority Activities

- Promote Mountain Home Behavioral Health programming (e.g. Mental Health Counseling, Group Counseling, Case Management, Substance Abuse Treatment, Co-Occurring Treatment)
- Promote and support Idaho AWARE Project
- Promote Desert Sage Behavioral Health Services (e.g. Community Health Worker through Get Healthy Idaho)

Objective 3.2: By December 31st, 2023, support 3 or more mental/behavioral health focused community engagement events to promote awareness about mental/behavioral health issues.

✔ Objective 3.2 Priority Activities

- Yellow Bench Story Project Event
- Community Led Naloxone Distribution Event
- Overdose Prevention and Response Training

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