



## Elmore County Health Coalition Meeting

Thursday, July 20th, 2022

12:00 – 1:00pm

Teams meeting link located on page 2

Meeting Location:

Mountain Home Police Department

2775 E 8<sup>th</sup> N

Mountain Home, ID 83647

### MISSION

*To bring together and work with community partners to empower our communities through strategic initiatives that advance equity and health for present and future generations*

### Agenda

#### Welcome and Introductions

12:00 – 12:05 PM

Attendees: Vicky Jekich, Allan Carroll, Ali Shields, Connor Cox, Kati Chauvin, Heather Allan, Kelsey Cooper, Kate Johnsrud, Angie Gribble, Michelle Heins, Bill Heitman, Mary Ferguson, Courtney Kelly

#### Presentation on Icelandic Prevention Model and Idaho Oregon Community Health Atlas

12:05 – 12:30 PM

**Vicky Jekich and Angie Gribble**

Presented about the Icelandic Prevention Model and how we might be able to use this framework to guide future coalition committee activities. View the Icelandic Prevention Framework here:

Paper 2: Summary of the 10 Core Steps of the Icelandic Prevention Model									
Community Capacity Building			Implementation of Core Processes					Repetition	
Step 1: Local Coalition Identification, Development, and Capacity Building	Step 2: Local Funding Identification, Development, and Capacity Building	Step 3: Pre-Data Collection Planning and Community Engagement	Step 4: Data Collection and Processing, Including Data-Driven Diagnostics	Step 5: Enhancing Community Participation and Engagement	Step 6: Dissemination of Findings	Step 7: Community Goal-Setting and Other Organized Responses to the Findings	Step 8: Policy and Practice Alignment	Step 9: Child and Adolescent Immersion in Primary Prevention	Step 10: Repeat Steps 1-9 Annually
<b>Key Activities: Identifying or developing a local prevention coalition, including:</b> School superintendents, school principals, school faculty, parents and other caregivers, community professional providers (public health, medical, mental health, recreation, faith community, law enforcement, etc.), elected officials and other community leaders.  Developing collective teamwork & capacity to achieve goals of reduced/eliminated substance use.  Identifying existing or new resources to include at least one professional dedicated to support coalition activities.	<b>Key Activities:</b> Identify existing and new resources.  Reorganize funding to incorporate long-cycle grant funding (5 or more years) and contracting or make permanent structural changes to ensure ongoing funding.	<b>Key Activities:</b> Conduct community and school meetings designed to prepare the community for participation.  Describe IPM and data collection procedures, especially those protecting students and ensuring meaningful data collection.  Answer community questions before each year's data collection begins.	<b>Key Activities:</b> Distribute consent forms/introduction letters.  Prepare final version of survey.  Print surveys (if paper-and-pencil) and/or prepare for online distribution.  Collect data from students with data collection being primarily facilitated by an incentivized school leader, faculty, or staff member.  Collecting print surveys.  Scanning print surveys.  Data merging and cleaning.  Descriptive data analysis completed.  Diagnostic data analysis completed.	<b>Key Activities:</b> Advertise community meetings using multiple channels.  Extend invitations from local coalition "champions" to community and key stakeholders.  Reduce barriers to community participation as needed. For example, providing childcare, transportation assistance, and meals as appropriate.	<b>Key Activities:</b> Reports prepared.  Reports printed and disseminated to all involved using multiple media channels.  Reports emphasize user-friendly and jargon free language and easy to interpret charts and graphs.  Community presentations advertised and conducted.  Community presentations emphasize user-friendly and jargon free language and easy to interpret charts and graphs.  Reports and presentations include no identifying information of individuals and are in confidential ownership of the local community in hand.	<b>Key Activities:</b> Local coalitions guide community in goal setting activities.  Set 3-4 specific goals related to community relevant risk and protective factors.  Plan strategies/actions based on selected goals.  Communicate community selected goals and strategies to parents and other caregivers throughout the community using multiple channels of communication.	<b>Key Activities:</b> Identify ways to align local policies and professional practice with goals selected by the community/coalition.  Ex. School improvement plans, other community strategic plans.  Identify and pursue necessary changes to current policy and professional practice.  Communicate community selected goals and strategies, as well as updates to policy and practice, to non-coalition, local professionals throughout the community using multiple channels of communication.	<b>Key Activities:</b> Children and adolescents receiving the "treatment" of time spent in a social environment associated with reduced substance use initiation.  Iceland examples	<b>Key Activities:</b> Evaluate opportunities to improve capacity and communication in Steps 1-3.  Repeat Steps 4-9.

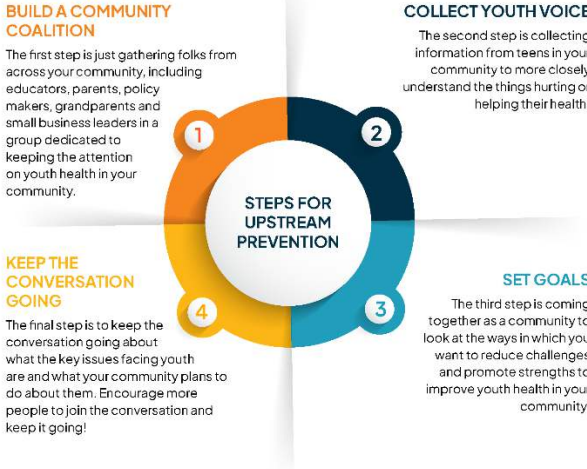
A great tool to help guide committees would be the **Idaho Oregon Community Health Atlas**. Feel free to review the atlas and some of the indicators for Elmore County. This might be a great tool to help the Food and Nutrition Education and/or Access committees to guide activities. See the tool here: <https://idahooregoncommunityhealthatlas.org/>

Also please view this fantastic graphic shared during the presentation about Upstream Prevention work that may apply to activities you are working on in your committees:

**OUR APPROACH:**  
**UPSTREAM PREVENTION**



Our approach to healthy youth goes "upstream" to look at factors that may prevent the issues in the first place. **When communities come together to focus on young people they can contribute to greater wellbeing for their kids and the whole community.**



**WELLBEING. TOGETHER.** Get started now at [www.communitiesforyouth.org](http://www.communitiesforyouth.org)

**Committee Updates:**

12:30 – 12:50PM

- Nicotine Committee: In the process of event planning to include Mega brain
- SUD Committee: Has not met, will schedule
- Nutrition Education Committee: Has not met, will schedule
- Nutrition Access Committee: Has not met
- Mental/Behavioral Health Events Committee: Discussions with library about MH/BH Resources/Education
- Mental/Behavioral Health Resources Committee: Has not met, will schedule

## Roundtable Updates, Announcements, Ideas

- Discussion about Air Force Appreciation Days, and whether ECHC could get a table. Becca explained that CDH would need to complete the requisition for the purchase, but it shouldn't be an issue depending on price. CDH to look into further.

12:50 – 1:00 PM

- Heather discussed Save My Family event and ability for CDH/PFS to pay for one more session. View more information about Save My Family event here: <https://committingto16.org/save-my-family/>. If interested, contact Heather Allan ([hallan@cdh.idaho.gov](mailto:hallan@cdh.idaho.gov)).

- Mary noted that Desert Sage will now be in Hacker Middle School with behavioral health services!

- Vicky also mentioned to Mindy before the coalition meeting that QPR training materials are now available in Spanish! Please speak to Vicky if interested in this resource.

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Next meeting: Aug 17<sup>th</sup> @ 12-1pm

Find the Elmore County Health Coalition landing page and past minutes and presentations here: <https://cdh.idaho.gov/echc.php>