



Elmore County Health Coalition Meeting

Thursday, August 17th, 2022

12:00 – 1:00pm

Teams meeting link located on page 2

Meeting Location:

Mountain Home Police Department

2775 E 8th N

Mountain Home, ID 83647

MISSION

To bring together and work with community partners to empower our communities through strategic initiatives that advance equity and health for present and future generations

Agenda

12:00 – 12:05 PM Welcome and Introductions
Attendees: Jennifer Rhodes, Mindy Curran, Allan Carroll, Christy Acord, Joel Cruz-Haber, Mary Ferguson, James Gilbert, Vicky Jekich, Kelsey Cooper, Kate Johnsrud, Matea Bidaburu, Kati Chauvin, Lisa Melchiorre, Ali Shields, Michelle Heins

12:05 – 12:20 PM **Nutrition Committee Update**
Overview of Cooking Matters, Update on IFB programming
Kelsey Cooper, Idaho Foodbank

Idaho Foodbank gave an overview of the Cooking Matters program in hopes of attracting some interested people in becoming facilitators. Typically, to hold a Cooking Matters class, at least 2 trained facilitators would need to be involved in the class.

For volunteer facilitator training, we would need a group of 5-8 interested volunteers for IFB to send a trainer to Elmore County. A CM volunteer facilitator training typically takes about 1 hour to complete and may be able to be offered in the evening. Please submit the following form, or share if you know someone who would be interested in becoming trained: <https://forms.office.com/r/RMCjHZxhUV>

Allan also offered the Hope Center as a location for training a possibly to hold regular Cooking Matters classes. Thanks Allan!

12:20 – 12:30PM Nicotine/SUD Committee Update
Kati Chauvin

Members of the Nicotine/SUD committee attended the Mountain Home Kids Festival put on by Mountain Home Parks and Rec. CDH brought their inflatable giant MEGA Brain and talked to families about nicotine and the danger it poses to our brain health. The event was a big success, and it was estimated that the booth saw about 1000 people! They also gave away about 100 vaping marijuana brochures as well.



Celebrate Recovery is going live on September 21st. Celebrate Recovery is a faith-based, 12 step recovery program for anyone struggling with hurt, hang ups, and habits of any kind.

This committee is also investigating opportunities to bring athlete guest speaker opportunities to come into the schools and talk about nicotine and substance use.

**12:30 – 12:40 PM Mental Health Committee Update
Stronger Together Conference Plug
Ali Shields**

An event in Kuna with collab ODP, which was focused on mental health in athletes. The theme was “staring down your toughest opponent”. The event focused on promoting positive mental health messaging, and a variety of mental health speakers that had athletic background. This committee is looking into replicating this event and trying to bring in Cory Hall, instead of national speakers.

St. Lukes is rolling out Mental Health guide. Spanish and English versions. Elmore County one is not yet printed. The EC guide should be finalized around Fall of 2023. Within the publication, the Yellow Bench Story is highlighted. See the St.Lukes Elmore County Mental Health guide here:
<https://www.stlukesonline.org/communities-and-locations/help-is-here-mental-health-support-elmore>

The idea was proposed of doing a tour of the mental health focused murals in EC and reminding people of the importance of those murals and bringing awareness back to those stories.

The committee also started identifying goals and objectives. They want to start adding those mental health resources and support groups for Elmore County to a larger utilized platform. Also brainstormed how to market that, and who to market it to.

The Stronger Together Conference (3rd Annual)- October 3rd, 4th, and 5th at the Boise State Student Union building.

Targeted towards school and community-based mental health providers to receive CECs. Has more of a school-tone to it, but does have training and community focused content. There will be a virtual live stream of one track of the sessions. Click below to view more about the conference or to register for the conference:
<https://www.eventbrite.com/e/stronger-together-2023-becoming-agents-of-change-tickets-620291286937>

2023 STRONGER TOGETHER CONFERENCE

Becoming Agents of Change

Join School Counselors, School Psychologists, and School Social Workers, as we are stronger together, to improve student mental health and wellness. Keynote speakers, panels, breakout sessions, and networking opportunities will abound during this three-day, in-person event. This third annual conference seeks to unite professionals from around the state in becoming agents of change to advocate for and empower positive mental health and wellness strategies among Idaho K-12 students.

OCTOBER 3-5, 2023

8:30 am to 4 pm
at Boise State University-
Student Union Building
2nd Floor, 1700 W University Dr.

Register using this link!



Registration discounts offered to ISCA, ISPA, and SSWAI members; retired professionals; and students.

Up to 17.25 CE clock hours with 3 hours of ethics. Professional Development credits also available

Idaho Counseling Association has been approved by NBCC as an Approved Continuing Education Provider, ACEP No. 2013. Programs that do not qualify for NBCC credit are clearly identified. Idaho Counseling Association is solely responsible for all aspects of the program

Discounted Lodging:

Home 2 Suites (208-336-8277) book by 9/20/2023
\$179/night plus Parking

Townplace Suites book by 9/19/2023
\$147/night

SPEAKERS

Eric Toshalis

Tools for Transformation: Improving School Outcomes through Stakeholder Inquiry and Collaboration

Juri Melo

The Bomber Mafia & Prevention

Michele Gay

School Safety: A Parent's Perspective

Scott LoMurray

The Ecology of Wellbeing: Cultivating the Leading Causes of Life

Produced by:



IDAHO
SCHOOL
COUNSELOR
ASSOCIATION



12:40 – 1:00 PM

Roundtable Updates, Announcements, Ideas

Many EHC members attended the Glenn's Ferry Community Health fair: St. Lukes, EHC, University of Idaho extension, Project AWARE, Desert Sage, and more! We estimate there were probably about 50-80 participants who attended this event. Would like to bring in bicycle fixing station to the event next year. After this event, it was identified to bring more resources for seniors and more resources for the Spanish speaking community to the event next year 😊 Next year's event will be on Aug 17th, 2024.

Vicky: Summit on Idaho Hunger and Food Security is happening on October 12th in Boise, put on by Idaho Hunger Relief Task Force. See more about that event and register for the summit

here: <https://www.eventbrite.com/e/summit-on-idaho-hunger-food-security-2023-registration-621055653177?aff=oddttdtcreator>

Annual Hispanic Youth Leadership Summit is coming up! The one in Treasure Valley is on October 10th, and the one in Magic Valley is September 26th. Great opportunity to get teens involved in leadership opportunities and training! See more about the summit and register any kids you may have contact with here: [https://icha.idaho.gov/menus/summit_copy\(YS\).asp](https://icha.idaho.gov/menus/summit_copy(YS).asp)

Back to-school open house was on Monday, Aug 21st. We would like to try and have a coalition table at this event in the future.

Mary: Desert Sage has a mental health office now at Hacker Middle School and has nothing but good things to say about the collaboration! Desert Sage also did a back to school suicide prevention training for school staff as well, which was excellent!

Courtney K: Introduced Jennifer Rhoads as the provider for the Community Paramedic Program! So exciting and ready to have her on board and hopefully she will be ready to see patients soon! Christy would like to introduce Jennifer to the Glenn's Ferry City Council.

Ty: Ty gave an update that the MHPD recently went through a Carseat Safety Training and plans to hold future carseat safety education events in Elmore County. Keep an eye out for future carseat safety events!

Mindy: Mindy proposed a change to how coalition meetings vs. committee meetings would be conducted in the future.

Whole coalition meetings, from now on, will occur every other month. Therefore, the next whole coalition meeting will happen in October. The months in-between, committee meetings will occur. Therefore, the only EHC related meeting happening in September will be committee meetings. So if you'd like to join a committee, please reach out to Mindy and she can get you connected to the respective committee you might be interested in: Nicotine and SUD committee, Nutrition Education and Access committee, or Mental Health Resources and Events Committee.

The EHC landing page is not going to be updated on a regular basis until the CDH public facing website is updated. It may be a few months. However, Mindy will still work to update the calendar on the landing page with upcoming events.

Mindy connected with a representative for the MH newspaper, so we will work on getting a dedicated spot in the MH newspaper and GF newspapers. MH newspaper gets published once a week, and GF newspapers get published once every 2 weeks. Mindy is working on finding out publishing deadlines and dates for submissions.

Please add any upcoming topics/ paragraphs that you would like to put into the ECHC section of the newspapers, and Mindy can work on sending them along to the newspaper contacts. Submit those ideas and blurbs here for the Mountain Home Newspaper: https://docs.google.com/document/d/1frsg228K4s28GtCTv_URi1sYq6sGQI1HZzhgR8VPIO0/edit?usp=sharing

Enter information here for Glens Ferry Times: https://docs.google.com/document/d/1N3Bf8TQEVZSW4BSO2xL_LgsjI3uoRSXK15x3nWu7CEZc/edit?usp=sharing

Lots of ECHC members are going to be at the Air Force Appreciation day on September 9th! We had discussed the idea of each coalition organization having the ECHC logo present in some place at their booth. Like a membership emblem, but also to raise awareness and showcase the coalition and who is taking part in the awesome initiatives!

Mindy created a shared Google drive for the committee meeting documents, a place to house the news/media document, and will also house some documents and pictures of the ECHC logos that your organization can use 😊 Also, feel free to print out and hand out the action plan at your booth if people ask about the coalition and what we're doing 😊 It will be housed in the Google drive as well. The link for the Google drive is in the meeting minutes email.

Next meeting: October 19th

Find the Elmore County Health Coalition landing page and past minutes and presentations here: <https://cdh.idaho.gov/echc.php>