

Northpoint & Ashwood Recovery

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— RECOVERY —

NORTHPOINT

CORE VISION AND VALUES

CORE PURPOSE - WHY DO WE EXIST?

We save lives and restore relationships.

BUSINESS DEFINITION - WHAT DO WE DO?

We deliver a safe, supportive environment for abstinence - based treatment of addiction and improved mental health.

STRATEGIC ANCHORS - HOW WILL WE SUCCEED?

Killer Reputation, Employee Focus, Profitable Growth.

CORE VALUES - HOW DO WE BEHAVE?

HUMBLE

- We carry ourselves with quiet confidence
- We are strong enough to seek support
- Our character defines our legacy
- No brilliant jerks!

HEART

- Committed to the Whole, even when it's challenging
- Hardworking, genuine, passionate and fun
- Internal drive to go the extra mile



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- We have a firm belief in human potential
- Hope - difficult roads lead to amazing destinations

INSPIRED

- Unshakeable belief in our treatment philosophy

CONVICTION



Saving Lives.
Restoring Relationships.

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Northpoint Recovery – Adult *Inpatient Detox & Residential*



Medical Detox

24 hour Medically
Supervised Detox

Prescription
Medications to ease
withdrawals,
including Vivitrol

Abstinence Based
Treatment

28 Day Program

Integrated Care
Approach to Treating
Substance Addiction

Co-Occurring Mental
Health Conditions

Medical Care Needs

Psychiatric Evaluations

Family Involvement

4 Week- Stronger
Together Family
Group

Introduction to Al-
Anon the Disease
Model of Addiction

The Breakdown

Individual Therapy

Group Therapy

Recovery
Management

Case Management

Community
Integration
Activities

Discharge planning for ongoing care



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Northpoint: Ashwood – Adult *Outpatient*



SUD PHP

Day Treatment

5 days a week
5 hours per day
AM-9-2
About 5 weeks
Free Lunch

SUD IOP

Intensive Outpatient

3 to 5 days a week
AM-9-12 PM 6-9
3 hours per day
About 9-12 weeks

The Breakdown

Group therapy
sessions

Individual
sessions

Recovery
Management

Experiential
activities

Free Rides to & from program available

Location: Boise

Day and Evening groups offered



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Imagine by Northpoint - Adolescent *Outpatient Mental Health*



A safe & therapeutic environment for clients ages **12-17** to engage in extended outpatient treatment for mental health & substance use disorders.

PHP

Day Treatment

5 days a week
5 hours per day
About 5 weeks
Free Lunch

IOP

Intensive Outpatient

3 to 5 days a week
3 hours per day
About 9-12 weeks

Unique Care

Family Therapy Group & Individuals
Daily contact with Nursing Staff
Master Level State Certified Teacher
Weekly & as needed meetings with psychiatrist to evaluate & reconcile medications
Community Integration Activities

Free Rides to & from program available
Locations: Boise x2 & Nampa



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WHAT IS VIVITROL



VIVITROL is a non-addictive, once-monthly, injectable prescription medicine. It is the extended-release version of a medication called Naltrexone. It is only available by prescription and must be administered by a qualified professional in a clinical setting

Relapse Prevention:

It is used primarily to help prevent relapsing to opioid and alcohol dependence after completing detox

Decrease Cravings:

Vivitrol can lead to a reduction in cravings for opioids and alcohol during treatment

How does Vivitrol work?

Vivitrol blocks the opioid receptors in the brain that allow us to feel the pleasurable effects of opioids and alcohol. It has also been proven to reduce cravings and the urge to continue using once someone starts.

Your body must be opioid-free for a minimum of 7 to 14 days before starting VIVITROL to avoid sudden opioid withdrawal.

Note:

To be effective, VIVITROL should be used as part of a drug or alcohol recovery program that includes counseling.



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All Program's Include:

Co-occurring mental health conditions

Community integration activities

Family Therapy

Medication Management

Medical Staff on site

Psychiatric Evaluation & Diagnosis with follow up appointments

Free Alumni: Adolescent & Adult



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Treatment Modalities

CBT & DBT

Grief and Loss, Trauma Therapy

Crisis Intervention & Co-Occurring Intervention

Relationship Counseling

Psychotherapy

Interpersonal Therapy

Mindfulness & Meditation

Recovery Dharma and SMART Recovery speakers

Alumni Speakers

Yoga & Art, Music, Poetry , Pet Therapy and More!



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Continuing Education & Professional Development Events presented by Northpoint Recovery.

ABOUT US

Northpoint Recovery is an accredited recovery center with multiple inpatient & outpatient locations across the Northwest. Northpoint offers a full continuum of care for the treatment and rehabilitation of substance use disorder and outpatient level care for mental health disorders while living the 4 Core Values of: Humility, Heart, Inspiration and Conviction. Northpoint staff and Inspire! contributors share a partnership in fulfilling the Northpoint mission to Save Lives & Restore Relationships for a vulnerable, yet resilient population.

EVENT DETAILS

Time: 12:00p - 1:00p
(Mountain Standard Time)

Place: Zoom Meeting
(Calendar Invitation Provided)

Credit: 1 CEU/Session
(CMEs Approve by State)

Inspire by Northpoint

Visit northpointrecovery.com to learn more about Northpoint Recovery and their core values.

For questions about Inspire CEU training events please call:

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NORTHPOINT
Saving Lives. Restoring Relationships.



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A few In-Network Insurances

- Aetna
- Blue Cross of Idaho
- Select Health
- Pacific Source
- Mountain Health Co-Op
- Idaho Physician Network
- Regence BlueShield of Idaho
- Cigna
- BrightPath Mountain Health Co-Op
- BrightPath Pacific Source
- 6 Degrees
- ComPsych
- EBMS / Echelon Group
- First Choice Health Network
- First Health Network Multi-Plan Network
- Tricare - **Outpatient**
- Idaho Medicaid- **Outpatient**
- **Now Accepting Care Credit!!**

Other Services & Locations

- **Edmonds, Washington - 44 Beds**
- **Loveland, Colorado - 64 Beds**
- **Meridian, Idaho - 48 Beds**
- **Omaha, Nebraska- 44 Beds**

*Single Case Agreements
&
Payment Plans available!*



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Admissions & Intake Process

We will work through the financial & logistical issues to ensure you understand the cost of your treatment.

- **No Cost Assessments**, scheduled within 48-72 hours
- Flexible Assessment Schedule
- Call Center open 7 days a week

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or

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