



Elmore County Health Coalition Meeting

Thursday, October 19th, 2022

12:00 – 1:00pm

Teams meeting link located on page 2

Meeting Location:
Central District Health Department
Conference Room
520 E. Eighth North St.
Mountain Home, ID 83647

MISSION

To bring together and work with community partners to empower our communities through strategic initiatives that advance equity and health for present and future generations

Agenda

Welcome and Introductions

Attendees: Tyanne Roland, Amy Balzer, Kati Chauvin, Courtney Kelly, Delecia Carroll, Joel Cruz-Haber, James Roddin, Lisa Melchiorre, Kelsey Cooper, Vicky Jekich, Heidi York, Mary Ferguson, Michelle Heins, Mindy Curran

Tyanne Roland Introduction

University of Idaho

Tyanne Roland works with University of Idaho and offers mental health first aid trainings to first responders, and specifically, law enforcement, military, rural communities, and fire/ems. Idaho POST now offers her class for law enforcement officers worth 8 professional credits. Please reach out if you would like to schedule a training: 208-271-6377, tyanne@uidaho.edu

Temperature Check on Committees and Action Plan

Committee Updates: Nutrition, Nicotine/SUD, Mental Health

Mindy gave a presentation on the history of the action plan, committees, and purpose behind creating those. Here is the presentation:

<https://docs.google.com/presentation/d/1xJOsV7lxaIbHCG8LGB4hAK9PqSJedqFL6Ff9fHORc84/edit?usp=sharing>

Mindy wanted to get some feedback about how committees are going, and get feedback if anyone would like to provide some input about what direction to take the action plan/ provide some constructive feedback about how to move forward efficiently.

Please take the following anonymous survey below to provide feedback:

<https://forms.office.com/r/cQv2ZRhgex>

Some things that were not discussed in the meeting but need to be addressed are:

1. The action plan goal dates are set to end Dec. 31st, 2023. Though this has not given much time to work on the objectives, so please provide some feedback in the survey about moving the deadline out, in order to continue to work on objectives.
2. We are seeking more volunteers to attend/ work on all subcommittees: Nicotine/Substance Use Committee, Nutrition Education/Access Committee, and Mental Health Resources/ Events Committee. Please let Mindy know if you have the capacity to participate in a committee (1-3) hours per month:
mcurran@cdh.idaho.gov

Nicotine/SUD Committee Update:

-Coming up in Nov. Great American Smokeout- help raise awareness for secondhand smoke. Links have been shared out to partner organizations.

-Attended AFAD and collected real-time information about what strategies they think would work best to lower the number of people using nicotine and most people voted they wanted to see more education via community events. See overlap in partnering nicotine/SUD events/ activities with mental health and nutrition activities.

-INDEPTH framework in MHHS has changed from only 4 classes, to 1x per week every week for the whole semester (stretches the conversation out longer, and will hopefully lower repeat offenders).

-Seeking new committee members!

Nutrition Committee Update:

-We have about 8 people interested in becoming trained volunteers to implement Cooking Matters. We are working on coordinating a training in Mountain Home.

-CDH applied for a CHIF grant to implement food vouchers for "gap" families in MH and GF. We will hopefully know if we got the grant by December.

-Vicky shared about the Idaho Hunger Summit and attended the Advancing Food Security Research session. See the attachments uploaded on the ECHC landing page to learn more about this session! Vicky also brought lots of great brochures and pamphlets from the summit to share in person and will also be uploaded onto the ECHC landing page and the ECHC Google Drive.

See the landing page here: <https://cdh.idaho.gov/echc.php>

Mental Health Committee Updates:

-Bryanna Strom is producing mindfulness art classes for 8-14 year olds, available at the library in September and December. Contact Vicky for more information.

-
- [St. Luke's Elmore County Resource Guide is available](#)
 - [St. Luke's Health Talk-Helping Youth Improve Mental Health and Prevent Suicide Health Talk on September 19th from 12-1 pm virtually.](#)
 - [NAMI Conference-Stand up to Stigma on November 3rd at St. Al's Boise](#)
 - [Region 10 Mental Health Technology Transfer Center's September \(Suicide Prevention Month\) Newsletter.](#) There are a variety of resources (articles, trainings/webinars) focused on mental health and suicide prevention listed.
 - The St. Luke's bilingual [Mental Health Guide for Elmore County](#) was launched on 9/20 and is now available in both print and digital formats (let me know if you need printed copies)
 - The [Mountain Home News](#) shared a story about the Guide
 - The Guide includes the yellow "buddy bench & mural" projects (see attached story, map of bench locations, and mural photo) and follow-up interviews were conducted following the 9/20 launch of the Guide, featuring some of the former MH HS students and staff who have been involved in raising awareness, hosting fundraisers and supporting mental health & wellbeing in the community. (group photo attached)
 - Efforts will continue to help reintroduce the buddy benches, yellow mural, and support the current #YouAreMore campaign (see attached), led by current MH HS student Ava Johnson, to the Mountain Home community (and beyond). Plans related to these efforts will be included in the mental health committee discussions.

Discuss requested agenda items:

Evaluation and data collection for committees

Schedule for newspaper announcements

Updating the Elmore County Resource Manual

During the presentation, Mindy also acknowledged the questions about evaluation and if there is a standard evaluation process or data collection process. The short answer is, no. There is no strict guidance that dictates the type of work that we do, nor the data we collect or how we use it. The intent was to use the action plan, and data collected for it to move forward on actionable projects that are meaningful to the community, and to create an end of the year report to show the ECHC funders (Central District Health) and share with the Elmore County Community. Within the action plan, each strategy has its own set of evaluation criteria, however, in the presentation, Mindy proposed some standard criteria that all committees may be able to use. Please provide feedback in the survey if you think that all committees should use the standard set of evaluation criteria, or tailor it based on their more specific objectives.

During discussion we also talked about finding a more cohesive and streamlined way to share information among committees so that our work will not be siloed. Right now our committees have a shared Google Drive folder where we house all of our notes and documents, however, a sample Communication Calendar was shared with the coalition to propose future communications with Elmore County media

outlets. Committee members have been asking for more communication between committees. Therefore, I will ask all committee coordinators to share their upcoming events in this calendar document, I have fleshed it a little bit more since our meeting, with the Nicotine/SUD committee focusing efforts in November, and Mental Health focusing in December. If this needs to change or if your committee wants to focus on a certain month in the future, please go into the document during your meetings, and start entering information in for future months. Your committee doesn't have to hit on every activity during their designated month, but I started filling activities in based on the action plan priority activities. Feel free to change them. Coordinators: After your committee meeting, please share out to other committee coordinators what your upcoming events are so that we can collaborate more. Mindy will follow up with this in an email. Here is the calendar document:

https://docs.google.com/spreadsheets/d/1Sss9ctJbtgL_-iRafvb7VROd3q_WN3qW/edit?usp=sharing&oid=107302588311647068304&rt_pof=true&sd=true

Roundtable Updates, Announcements, Ideas- Open to all

Joel- GIS Project

Joel is taking a class to use GIS, and would like to use his future GIS skills to help map out any specific health related projects the coalition has. Stay tuned as Joel learns more he will share about how he can help us!

Delecia- DVC fundraiser announcement, Celebrate Recovery @ Doyel Ray Hope Center

DRHC has been partially open for a year. They've been doing free financial classes, backpack bridge program, did a successful coat drive recently as well. They work with Snake River Brothers, will be completing Cooking Matters training, offer free programs and classes. Recently started hosting Celebrate Recovery, which is a bible-based recovery program to work through hurts, hangups and habits. Also working with drug court, going to work on a fentanyl awareness event with more info to come.

DRHC is hosting a FREE Thanksgiving Dinner, more specific for recovery participants.

Celebrate Thanksgiving



With



Celebrate Recovery

Need a recovery meeting on **Thanksgiving day**? Come join us for an open meeting that begins with a free turkey dinner!

Doors open at 6pm Thanksgiving day!!!

CR Meets Every Thursday night!
Doors open at 6pm for food/fellowship
Large Group begins at 6:30pm

Doyal Ray Hope Center
1140 Airbase Road
(208)999-HOPE (4673)

Elmore County Domestic Violence Council is going to be hosting a casino night fundraiser- Nov 4th @ 5:30pm.

Elmore County Domestic Violence Council

Save the Date!

HARVEST FOR HOPE

BLACK TIE - CASINO ROYALE

SATURDAY, NOVEMBER
THE 4TH AT 5:30 PM

Located at: 275 E 4th North Mountain Home, ID 83647

Go all in for Hope at our Black & White Fundraising Event!



\$75.00 ENTRY INCLUDES 15 POKER CHIPS

<https://harvestforhope2023.afrogs.org/#/index>

Broadband Action Group Event coming up on Wednesday 10/25 at the Mountain Home Library. More information from Shasta:

We are excited to share an important opportunity with you that directly impacts Elmore county's future – the availability of high-speed internet access and our resident's ability to fully access digital resources and opportunities. Our county needs your valuable input to shape the way forward through a digital access plan.

As technology continues to evolve, access to high-speed internet has become more than a convenience; it's an essential resource that empowers individuals, businesses, and organizations to connect, grow, and thrive. A robust broadband connection allows students greater access to educational opportunities, patients greater access to healthcare professionals, businesses access to customers around the world, and farmers the ability to increase productivity and profitability. Our upcoming meeting on Wednesday, October 25, aims to explore how we can collaboratively ensure that every member of our community has equal access to the benefits of a fast and reliable internet connection and the information technology capacity needed for full participation in our increasingly digital society and economy.

Here's why your participation matters:

Your Voice Matters: The success of our community's initiatives heavily relies on the insights and concerns of its members. Your unique perspective will contribute to crafting a well-rounded plan that caters to the diverse needs of our community.

Impact on Businesses: High-speed internet access is not just about faster downloads. Improving connectivity for our local businesses can spur economic growth and innovation within our community.

Education and Learning: With the digitalization of education, learners of all ages need reliable internet access for online learning and research. Your involvement in this meeting could directly contribute to improving educational and workforce development opportunities for our community.

Digital Capacity: Alongside planning and installing broadband infrastructure, it's also essential to create strategies to equip people with training and skills to safely access high speed internet. As someone who is familiar with connecting people to community resources and opportunities your input is valuable to address these unique needs.

Please mark your calendar and consider joining us as a key stakeholder in developing a digital access plan for our community.

October 25th, 2023

1pm – 3pm

Disaster Services Conference Room

2340 American Legion Blvd,

Mountain Home, ID 83647

We have organized an engaging agenda that includes interactive discussions and an open forum to address any concerns or ideas you might have. Your insights are invaluable, and together, we can create a brighter digital future for all residents and visitors.

Thank you for your time and consideration.

If you have any questions or would like more information, please feel free to contact me.

Shasta Hochstrasser
Library Director, MLS
librarydirector@mountain-home.us
Phone number: 208-587-4716
City Ext. 1081

Vicky- Several community partners worked together to develop the 2023 Greater Treasure Valley [Community Health Needs Assessment](#) and have also collaborated on the publication of an [online Idaho/Oregon Community Health Atlas](#) tool. You can select locations, e.g. Elmore County, ID, and indicators, e.g. housing, jobs, food insecurity, etc. to compare data

Next meeting: December 14th

Here is the recording of the October 19th meeting: [Elmore County Health Coalition October Meeting 2023-20231019_120850-Meeting Recording.mp4](#)

Find the Elmore County Health Coalition landing page and past minutes and presentations here: <https://cdh.idaho.gov/ehc.php>