



## Elmore County Health Coalition Meeting

Thursday, December 14th, 2022

12:00 – 1:00pm

Teams meeting link located on page 2

Meeting Location:

Doyel Ray Hope Center  
1140 Airbase Road (W 6th S)  
Mountain Home, ID 83647

### MISSION

*To bring together and work with community partners to empower our communities through strategic initiatives that advance equity and health for present and future generations*

---

### Agenda

---

#### 12:00 – 12:05 PM Welcome and Introductions

Attendees: Kelsey Cooper, Taylor (MH Parks and Rec), Allan Carroll, Christy Acord, Mary Ferguson, Delecia Carroll, Ali Shields, Amy Balzer, Joel Cruz-Haber, Vicky Jekich, James Gilbert, Kate Johnsrud, Beth Deschene, Krystal Powell

---

#### 12:05 – 12:10 PM Results of Temperature Check Survey

**Mindy Curran**

After reviewing the results from the Temperature check survey, some follow up actions will be taken into consideration:

1. The end date for the action plan will be pushed out to end in December 2023, with a mid-year check in/summary to be published in June for CDH and other partners.
2. Mindy will be sending discussion topics for committees to address, if haven't addressed them already, to touch on: Meeting in-person for committees, recording committee conversations, re-evaluating timing of committee meetings to allow for essential partners to be involved (e.g. school personnel).
3. The survey input was split on the best way to collect data among the different committees. However, in the discussion, it was mentioned that it is important to keep the data that we collect simple, easy, and low barrier (for coalition members and for

---

participants/ residents). It was also mentioned to make sure we have a baseline to measure progress from. So, Mindy will revisit the evaluation criteria proposed at the last meeting, and try to create a standard data collection “form” for coalition members to fill out when hosting an event or program that is promoted by ECHC. The form will need to include areas for qualitative data to be collected as well. More to come on this.

---

**12:10 – 12:30 PM Committee Updates: Nutrition, Nicotine/SUD, Mental Health**

Nutrition Committee Updates:

A Cooking Matters facilitator training has been scheduled for January. Hooray! Please follow the directions below to sign up to be trained. There was a glitch in the system, and some people who thought they signed up, it turns out, did not go through. So please go in again, and follow these instructions to get signed up for a training 😊

1: Go to:

<https://idahofoodbank.volunteerhub.com/vv2/>

2: Click create an account

3: Once an account is created, go back to this

link: <https://idahofoodbank.volunteerhub.com/vv2/>

4: Scroll down to January, and choose ONE Cooking Matters Volunteer training date to sign up for.

Training dates to choose from are:

**Thursday, January 4<sup>th</sup> from 5:30pm-7pm** at the Mountain Home Public Library

OR

**Tuesday January 9<sup>th</sup> from 5:30pm-7pm** at the Doyel Ray Hope Center

5: Make sure to CLICK FINISH!

6: Add the date to your calendar, and show up to your scheduled training day!

7: Check email for confirmation message from Matea Bidaburu.

Mental Health Committee:

Ali is working on an article on behalf of the mental health committee to share with the newspaper on the topic of beating the winter blues and tips for a healthy New Year.

Nicotine/SUD Committee:

Allan is getting CatchMyBreath trained to facilitate trainings, and is going to be hosting a parent presentation in February.

---

**12:30 – 12:45 PM Discuss requested agenda items:**

- Social Media Pages for ECHC

Propose Social Media Manager position

We talked about the pros and cons of what would be of starting a social media page and having a coordinator for this role. It was decided there was not enough time to discuss this in detail. If you are interested in weighing in on this conversation, please reach out to Mindy ASAP ([mcurran@cdh.idaho.gov](mailto:mcurran@cdh.idaho.gov)). We will be having a separate conversation about this possibility before the next coalition meeting.

- Updating the Elmore County Resource Manual

Resource manual is still used in more rural areas however the resources are outdated. Perhaps not having printed copies, but having it updated online, and able to be printed when needed. The problem with FindHelpIdaho is that, for those that need printed copies, FHI would not be very feasible. We need to get some feedback from CHEMS about their use of the guide, and feedback about the clicks on the online resource guide. Use that data to guide us. Mindy will also reach out to United Way and investigate the options of FindHelpIdaho trainings. Kelsey mentioned there are online trainings available as well.

- Executive Committee, Committee Coordinators, Membership Application

Executive Committee: We ran out of time to discuss the changing of the executive committee (this will be addressed later).

Committee Coordinators: The Nutrition Committee and/or Nicotine/SUD committees are looking to find new committee coordinators. A committee coordinator would: schedule and facilitate committee meetings, take notes and upload them in the shared committee Google Drive, help keep the momentum of the committee objectives moving forward. The committees are ideally where the true progress is made for the coalition! The estimated time commitment for this is about 2-3 hours a month. Please reach out to Mindy ([mcurran@cdh.idaho.gov](mailto:mcurran@cdh.idaho.gov)) if you have the time/capacity to be a committee coordinator.

Membership Agreement: Please fill out the following form if you haven't already, to commit to becoming a formal coalition member who is able to vote on future coalition matters. Here is the form: <https://forms.gle/P2FZfmRQSezWXrtx6>

If your name is in Blue below, you're an active participating member (have attended at least 3 meeting this year), and have a membership agreement on file. No need to fill out agreement. Yellow have membership agreement on file, but have not been active. Please fill out the membership agreement again.

---

---

White have no membership agreement on file, and may or may not have been active. Please fill out membership agreement if you plan to be active and would like to vote on future coalition matters



Allan Carroll  
Ali Shields  
Christy Acord  
James Gilbert  
James Roddin  
Joel Cruz-Haber  
Kate Johnsrud  
Kati Chauvin  
Kelsey Cooper  
Lisa Melchiorre  
Mary Ferguson  
Michelle Heins  
Vicky Jekich

Beth Deschene  
Dan Gillies  
Florentine Hiestand  
Kristin Pelletier  
Ty Larsen

Amy Balzer  
William Gollaska  
Cayden Stone  
Cody Fisher  
Connor Cox  
Courtney Kelly  
Councilwoman Inmon  
Delecia Carroll  
Emily Wright  
Heidi York  
Jennifer Rhoads  
Jessica Mann  
Kristina Erickson  
Nancy Lester  
Ralph Binion (fill in for James G)  
Rebecca Sprague  
Rick Viola  
Therrill Owens  
Tim Howley  
Tomi Oliver

---

Tricia Gingerich  
Tyanne Roland  
Whitney Johnson

---

**12:45 – 1:00 PM** Roundtable Updates, Announcements, Ideas- Open to all

Christy brought up an opportunity, about utilizing a small building next to Desert Sage in Glens Ferry to offer health services out of. 2 bedrooms, a front entry room that can be used as reception if needed. Details: A full kitchen, 1 bathroom, a graveled parking lot (off street parking) both a front and side entryway. \$800.00/month. Negotiable. Lots of off street parking. This would be a great opportunity to expand services from Mountain Home and Boise into Glens Ferry. They are in desperate need of mental health, dental, and vision services. If your organization would like to investigate this opportunity further, please reach out to Christy Acord ([elmorecountyedpro@gmail.com](mailto:elmorecountyedpro@gmail.com)). We will also be discussing this opportunity further in future health coalition meetings, to bring a one-stop shop to Glens Ferry.



Christy also asked me to share this opportunity to attend this Rural Mental Health Roundtable event happening February 8<sup>th</sup>, 2024. The Rural Mental Solutions Roundtable is the third Solutions Roundtable hosted by the WeCAN Peer Learning Network. Across our three states—Idaho, Montana and Wyoming—small towns and rural communities wrestle with a similar basket of mental health issues.

---

Like the housing and workforce solutions roundtables that came before it, the Rural Mental Health Solutions Roundtable is aptly named. Our focus is on what's working in small towns and rural communities. You'll hear from two keynote speakers, get firsthand stories from communities across our three states, and discuss solutions and approaches with fellow participants. You'll gain inspiration, new connections and ready-to-implement ideas.

Please click here to learn more and to register for this FREE, virtual event: [https://www.westerncan.org/mental-health-solutions?utm\\_campaign=1085714d-bab6-4f97-8f5f-c388b4375e67&utm\\_source=so&utm\\_medium=mail&cid=6be6205c-75ea-4bbc-855f-5b4527861957](https://www.westerncan.org/mental-health-solutions?utm_campaign=1085714d-bab6-4f97-8f5f-c388b4375e67&utm_source=so&utm_medium=mail&cid=6be6205c-75ea-4bbc-855f-5b4527861957)

---

**1:00 – 1:30 PM** Potluck and Networking- Open to all

---

Next meeting: February 15<sup>th</sup>

CDH updated the ECHC landing page! Find the Elmore County Health Coalition landing page and past minutes and presentations [here](#)