

Boise County Health Coalition Meeting Minutes

Wednesday, March 6th 2024

10:00am – 11:00am

PATH/Wee One's Wardrobe

102 Quinn St, Horseshoe Bend, ID (Next to the Park, same building as Garden Valley Family Medicine)

OR

Virtual Teams Meeting; See link below



Welcome & Introductions

Attendees: Laura Ackerman, Tracy Hall, Renee Long, Jackie Riggs, Amanda Leader, Hannah Driebergen, Natalie Nathan, Mindy Curran

Guest Presenter: LEAP Housing

Unfortunately, a LEAP representative was not able to join us, though Mindy had a meeting with them last week, and recapped a little bit about them and the programs they offer, and why she was trying to connect them with BCHC, to address the affordable housing issues.

The purpose of connecting LEAP with BCHC representatives, was to start a conversation with them about bringing affordable housing to Boise County, as that is a significant identified need. LEAP utilizes partnerships (with churches or other community organizations) to acquire land to build forever affordable housing on. Visit the LEAP website, and explore the different tabs, because it does a really great job of explaining all of the different things they are doing: <https://www.leaphousing.org/>. Watch the videos as well!

LEAP also sometimes acquires and renovates existing housing structures to provide affordable housing opportunities. In some LEAP communities they offer wrap around services for folks. LEAP does not have any communities currently in Boise County. However, they have a goal to establish 1,000 affordable housing units all across Idaho by 2026, and appears to be open and interested in building in our rural areas (e.g. they have units/communities in Mountain Home and Orofino).

If you have connections or know someone in your community that might be open to donating or selling part of their land to aid this cause, please reach out to Mindy (mcurran@cdh.idaho.gov) ASAP, so we can get those conversations and connections made.

Guest Presenter: Southwest Idaho Area Agency on Aging

Natalie Nathan

SWIAAA representative, Natalie Nathan joined us at the meeting to talk a bit about their agency and the services that they could provide to Boise County residents. SWIAAA offers a number of direct and indirect services, including:

- Delivered Meals, and Congregate Meals (hosted at Senior Centers). Natalie mentioned it is a common misconception that seniors have to pay for the meals at the Senior Centers, most are donation based, and non-seniors (below 60 years of age) can come and eat as well, but would be required to pay.
- Caregiver Support. Contract with various home visiting agencies to provide respite to caregivers. Currently there is a waitlist. 24/7 home care is available for qualifying residents through the state (IDHW).
- Caregiver reimbursement- for those who are caring for a loved one and could use some extra financial support to do so.
- Offers LivingWell with Diabetes and LivingWell with Chronic Pain classes. 6 week classes, in-person. Receive workbook, relaxation CD, and build a supportive community for living with chronic health conditions. Last year, LivingWell w/Diabetes was offered in HSB, and was a success!
- Offer kinship support groups, for non-parents taking care of children.
- Medicare education
- Friendly Caller Program. Call and talk to someone as little or as long as you want.
- Serves residents who don't qualify for Medicaid.

If seniors need assistance, they can call SWIAA, will go through a brief evaluation over the phone, and be directed or connected with the correct partner or agency.

See the pamphlet below for more information. The brochure will also be attached to the Minutes email. Feel free to share or print for your organization.

- Medicare Improvements for Patients and Providers Act (MIPPA) and Senior Medicare Patrol (SMP): Provides referrals to educational trainings on Medicare savings programs and fraud prevention. Available to all those with Medicare!
- Caregiver/Kinship Support: Information and referrals for caregivers, age 18 and over, caring for someone 60 and over. Includes support groups, training, respite, and counseling services.
- Ombudsman: Advocates for the rights of those residents living in assisted living and/or skilled nursing facilities.
- Adult Protective Services: Investigates allegations of abuse, neglect, self-neglect, and exploitation; provides targeted service coordination and referrals aimed to reduce harm.



Southwest Idaho Area Agency on Aging

Our Mission:

To promote independence, choice, well-being, and dignity for older individuals, vulnerable adults, and their loved ones through education, advocacy, and a coordinated system of home and community-based services.

**(208) 898-7060 or
Toll Free (844) 850-2883**

E-mail:
psa3@a3ssa.com
Website:
www.a3ssa.com

1505 South Eagle Road
Suite 120
Meridian, Idaho 83642



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Supports and Services

The Southwest Idaho Area Agency on Aging is one of six across Idaho. We are funded by the Idaho Commission on Aging (ICOA).

Our agency serves Ada, Adams, Boise, Canyon, Elmore, Gem, Owyhee, Payette, Valley, and Washington counties. The Area Agency on Aging is administered through a joint-powers agreement between 6 of its 10 counties. This agency actualizes the mission of the Older Americans Act in providing information, referrals, and services to improve the lives of older Idahoans.



Southwest Regional Area

Our services are targeted to assist seniors, caregivers, and people with disabilities, in achieving and maintaining their highest possible level of independence.

This brochure was paid for with funding from the Administration for Community Living and The Idaho Commission on Aging.

SERVICES AVAILABLE TO *QUALIFYING SENIORS, AGE 60 YEARS AND OLDER INCLUDE:

- **Access Department:** Questions? We have answers! Information, assistance, assessments, and referrals to in and out-of-agency service providers.
- **Home Delivered Meals:** The home delivered meal program provides meals for those who are homebound and struggling with meal preparation.
- **Congregate Meals:** Delicious meals served in a community setting! Socialize while receiving nutrition counseling, education, and other nutrition services. Free for those 60 and over; spouses and friends are welcome.
- **Respite:** Caregivers need care too! Respite provides access to brief periods of relief to caregivers.

*Qualifications require assessment through our Access Department. Please call to see if you or your loved one meet the requirements.



- **Homemaker:** Assistance with meal preparation, shopping, light housework, and more!
- **Legal Assistance:** Referrals for legal advice, counseling, or representation.
- **Transportation:** Resources for transportation for essential services, such as social services, medical, health care, and meal programs.
- **Disease Prevention & Health Promotion:** Information about programs for improving health and wellness, including 'Living Well' workshops, and falls prevention.

The Older Americans Act clearly affirms our Nation's sense of responsibility toward the well-being of all of our older citizens.
-President Lyndon B. Johnson, 1965

Some ideas we would like to follow up on are:

- Is there a program or system to identify seniors in need who don't come into senior centers regularly?
- Have an informational booth about SWIAA at congregated meals, bingo nights, etc.
- Placing Ads in local newspapers that seniors might read

Upcoming Events, Announcements, Needs and Ideas

Laura:

Laura is working to try and make Wee Ones/ PATH a resource hub for HSB. If we have resources or info needing to be distributed in HSB, can bring to Wee One's. Also, any promotions or sharing about Wee Ones/PATH will be super helpful for them as well! See the flyers below for more info about Wee Ones/PATH. Flyers will also be attached in email for you to print/share.

The Healthy in HSB event was not going to be an annual event, but it was a huge success last year, and will be happening again this year, we just don't have solidified days/times yet.



PATH PREGNANCY AND WEE ONE'S WARDROBE
 Offering **FREE** Pregnancy Tests, Pregnancy Verifications, Ultrasound Referrals, Childbirth, and Parenting Education.

FREE clothing NB – 3T, diapers, formula, and baby accessories.

WINTER HOURS

FEBRUARY	MARCH
TUESDAY, FEB. 6 OPEN 10-2 (MOM'S & MORE Connect 1030-12)	TUESDAY, MARCH 5 OPEN 10-2 (MOM'S & MORE Connect 1030-12)
FRIDAY FEB. 9 OPEN 10-2	FRIDAY MARCH 8 OPEN 10-2
MONDAY FEB 19 OPEN 430 – 630	MONDAY MAR 18 OPEN 430 – 630
FRIDAY FEB. 23 OPEN 10-2	FRIDAY MARCH 22 OPEN 10-2
APRIL	MAY
TUESDAY, APRIL 2 OPEN 10-2 (MOM'S & MORE Connect 1030-12)	TUESDAY, MAY 7 OPEN 10-2 (MOM'S & MORE Connect 1030-12)
FRIDAY APRIL 12 OPEN 10-2	FRIDAY MAY 10 OPEN 10-2
MONDAY APR 15 OPEN 430 – 630	FRIDAY MAY 17 OPEN 10-2
FRIDAY APRIL 26 OPEN 10-2	MON MAY 20 OPEN 430 – 630

CALL or EMAIL FOR IMMEDIATE NEEDS & APPOINTMENTS
 208 417-3485 Facebook: Wee One's Wardrobe -HSB tracy@pathpreg.org
 Located at 102 Quinn St, HSB on the backside of Garden Valley Family Medicine next to the HSB Park.



MOMS- BRING YOUR KIDS TO WEE ONES TO PLAY, HAVE A SNACK, & MAKE A KID'S CRAFT.

MEET OTHER MOMS AND CONNECT.

- * TUESDAY, MARCH 5, 1030-12 ***
- ♣ TUESDAY, APRIL 2, 1030-12 ♣**
- ♣ TUESDAY, MAY 7, 1030-12 ♣**
- ♣ TUESDAY, JUNE 4, 1030-12 ♣**

WEE ONE'S WARDROBE IS OPEN 10-2 ON THE 1st Tuesday, 2nd & 4th Fridays of the month. 3rd Monday from 430-630 pm.

Shop for FREE clothing Newborn – 3T
 Diapers, Formula, and Accessories
 Pregnancy Testing and Ultrasound Referrals



102 QUINN ST, HORSESHOE BEND
 208 417-3485 Facebook: Wee One's Wardrobe -HSB tracy@pathpreg.org

Amanda:

Boise County Community Justice has a significant amount of diversion participants in need of community service hours, with participants ranging from 11years old to 73 years old.

If your organization, or a community member, is in need of some extra help, and could use some help from BCCJ, please reach out to Amanda Leader (aleader@co.boise.id.us). Examples of service ideas could include: building ramps for wheelchair bound folks, yardwork, deliver meals to homebound seniors, etc. Laura is going to connect Mindy and Amanda to Youth Dynamics again, as there may be opportunities there.

Mindy:

- Still waiting for next steps for the United Way Grant that CDH applied for to bring dental services to Boise County.
- CDH is looking into other grant opportunity, with a high ceiling, and limited restrictions for the type of project, to work on coalition related activities. If any coalition members have ideas for projects or solutions related to medical access or affordable/safe housing, please connect with Mindy (mcurran@cdh.idaho.gov) BEFORE Wednesday March 13th.
- Mindy is also receiving a shipment of 200 pairs of period (feminine hygiene) underwear. Please reach out if you or your organization would like to have some when they arrive. This was an identified need last year, and we were finally able to get some products! Hooray!
- As Spring/Summer events are being announced, please reach out to Mindy with dates/times, and any potential bothing needs, so we can coordinate coalition representation as much as possible 😊
- If you can help with any of the action items below, but your name isn't on it, please also connect with Mindy!
- This was not announced at the meeting, but the camper registration for Idaho Youth Summit is OPEN! Check out the flyer attached in the email, for more info. If you happen to know of teens ages 13-18 or (going into 8th grade, through finishing 12th grade) who would like to, or would really benefit from going to camp this summer to have some positive interactions, experiences, or even develop leadership skills, sign them up! CDH is offering scholarships for teens in our district to attend. Feel free to fill out the CDH scholarship application for camp [here](#).



Other ideas for future meetings/initiatives:
 - **Mobile prescription delivery options**

Action Items:

- Mindy: Follow up with Area on Aging to see how to get programming into Boise County
 - Mindy: Look into funding for haircuts
 - Mindy: Continue conversation with MTM about branching out to other insurances
 - Mindy: Investigate Meals on Wheels options for Boise County
 - Mindy: Investigate home health care options for Boise County
 - Tonya: Connect with any church contacts, let's connect Jessica with them ASAP.
- Update: Tonya has reached out, but not heard back yet.
- Brent: Reach out to contacts at Canyon Springs to investigate how they brought services to their school
 - Steve: Connect with Kelsey and Brian on ICRS funding opportunity for collaboration
 - Mindy: Work with Natalie to plan bothing opportunities at Senior Centers
 - Mindy: Look into getting SWIAA ads into newspapers
 - Mindy: Connect community champions with LEAP Housing
 - Mindy: Investigate mobile prescription delivery options/ programs

Next Meeting: Wednesday, April 3rd @10-11am. Location: TBD