



Elmore County Health Coalition Meeting

Thursday, April 18th, 2024

12:00 – 1:00pm

In-person Meeting Location:

Doyel Ray Hope Center
1140 Airbase Road (W 6th S)
Mountain Home, ID 83647

MISSION

To bring together and work with community partners to empower our communities through strategic initiatives that advance equity and health for present and future generations

Agenda

12:00 – 12:05 PM Welcome and Introductions

Attendees: Christy Acord, Beth Deschene, Allan Carroll, Mindy Curran, Kati Chauvin, Courtney Kelly, Christine Hastings, Lisa Melchiorre, Vicky Jekich, Mary Ferguson

12:05 – 12:20 PM Get Healthy Idaho Updates- Courtney Kelly

Courtney Kelly gave updates on Get Healthy Idaho, FindHelp trainings, and the progress of CHEMS. Some highlights from her presentation were:

1. Get Healthy Idaho funding has been extended through FY25! This is great news, as this means the Get Healthy Idaho initiatives will be able to continue in Elmore County! Courtney will loop in the coalition as we get to a place where coalition members can help with GHI initiatives.
2. A few in-person FindHelp Idaho trainings were offered in Elmore County, which were well attended. There are upcoming virtual FindHelp trainings coming up soon, so if your organization has not attended, please join one of those trainings to find out more about FindHelp. FindHelp can be a great asset to your organization and help you get referrals for your programs. Courtney is also working to try and get FindHelp embedded onto the county webpage so it will be more easily accessible. Click [here](#) to sign up for an upcoming, virtual FindHelp training.
3. Courtney gave an update about Jennifer Rhoads and the CHEMS program. Jennifer has new CHEMS contact information: chems@elmorecounty.org; (986) 256-1591

Please check out the ECHC landing page to see Courtney's presentation.

12:20 – 12:30 PM Social Media Coordinator Follow Up Discussion & Vote/Nominate

After some short discussion and follow up on the topic of having a social media presence for the coalition, it sounds like having one point-person as the social media manager for the coalition would be best. We would like to utilize the social media to help promote the events and activities of coalition members out to the general Elmore County community. We also hope to utilize the social media platforms (LinkedIn) to encourage new organization to join the coalition.

There is a U of I digital economy Americorps intern, Alyssa, who is currently working in Elmore County who would be a good person to utilize to get these efforts off the ground. Mindy will follow up with Alyssa to move this forward.

It will also be important to include youth or future interns into these efforts as well

**Add communications director role into the bylaws

**Mindy will prioritize getting the bylaws done be

**12:30– 12:40 PM Committee Updates: Nutrition, Nicotine/SUD, Mental Health
Nicotine/SUD Committee Update:**

ICADD Conference @ BSU May 13-15th. \$350.

<https://www.attendicadd.com/2024registration>

Hoping to bring back information from this conference that may be relevant to the coalition.

April 27th National Prescription Drug Takeback Day. Mountain Home Police Department has 24/7 drug drop off bin. St. Lukes lobby has a drop bin as well (just for prescription drugs)

May 17th @ 6-7:30pm. SUD/Nicotine Committee is hosting and planning a parent night at the Mountain Home Public Library. Parents Against Vaping E-Cigarettes (PAVE) will be doing a webinar screening at the library and coalition will be hosting a resource booth there. Please share the flyer below in your circles to get the word out about this event.

PARENT NIGHT

Behind the bright colors and sweet flavors of e-cigarettes are harmful chemicals and nicotine addiction. Join us to learn the essentials for helping kids avoid or quit vaping!



MAY 17
6-7:30 PM

Mountain Home Public Library
790 N 10th E St.

Stop by our resource booth to learn more about what Elmore County Health Coalition is doing in your community!



Idaho Youth Summit is happening June 11th-14th in Coeur d'Alene, Idaho. This is a 4 day summer camp experience for 8th-12th graders to gain leadership experience, learn more about drug prevention, and connect with other youth and adults across the state to join in this positive movement. Central District Health is offering 5 scholarships to youth interested in attending summit this year, and there is a bus stopping in Mountain Home to help get kids to camp. Learn more about Idaho Youth Summit [here](#). Youth interested in applying for a camp scholarship, can fill out the scholarship application [here](#).

CDH has a developed "Cooking and Quitting" presentation related to quitting nicotine and how that process is similar to cooking. Please reach out to Kati (kchauvin@cdh.idaho.gov) or Mindy (mcurran@cdh.idaho.gov) if this presentation might be utilized in your organization. CDH also has nicotine in relation to mental health brochures and flyers made if that would be beneficial.

Mental Health Committee Updates

Ali from the MH committee drafted an article about Psychological Resilience and it was sent to the 3 newspapers in Elmore County. See the article in the Elwyhee HiLites on pg. 15, 21 and 22 through the month of May: <https://elmorecountypress.com/Hi-Lites.htm>

Ali also working to try and plan an in-person MH Committee meeting in Glenns Ferry in May. Ali is working with Christy to nail down a place, date, and time.

From Vicky: Observance month Activities (Mental Health Awareness Month)

HOPE Week (May 5th-11th). Empower Idaho has a toolkit. Artist Exhibition happening virtually (Deadline May 1st) Toolkit and more info about the artist exhibition available here:

<https://www.empoweridaho.org/mental-health-month/#1686769028837-c778be2c-1dd5>

YouAreMore campaign (MH Highschool) has a number of activities to raise awareness. (May8th) wear YouAreMore apparel in Elmore County! <https://www.instagram.com/youaremore208/>

April 30th : What I Wish You Knew (Panel Discussion @ BSU) focused on youth mental health and suicide. See attached poster in the email.

May 25th: Mountain Home Library origami art activity (kids aged 9-15): <https://mhlibrary.libcal.com/event/10505552>

May 8th (11am-12pm)WeCAN Peer Learning Network Virtual Meeting: <https://www.westerncan.org/peerlearningnetwork>


Rural Mental Health Resilience Program. Lots of great mental health fliers and information to distribute around your community: <https://www.ruralminds.org/resilience>

Nutrition Committee Updates

Cooking Matters class is scheduled in Glenns Ferry starting June 5th! See the poster below and attached to the email to share in your circles to get the word out!

Elmore County Health Coalition and
VFW Hall Present:

COOKING MATTERS[®]






This 6 week Cooking Matters™ for Families class provides a hands-on, nutrition education program that teaches you how to prepare meals that are healthy, tasty, and low in cost. Leave with your belly full!

When: WEDNESDAY'S | 5:00 - 6:30 PM
JUNE 5TH, JUNE 12TH, JUNE 19TH, JUNE 26TH, JULY 3RD,
& JULY 10TH
*Must attend all 6 weeks

Where: VFW HALL
132 E 5TH AVE
GLENN'S FERRY, ID 83623

Scan here to sign up!
Space is limited!

VFW Hall is having an issue with ADA accessibility for the building. Just submitted a Laura Moore Cunningham Foundation grant to replace exterior doors and expand the doorways to make the building more accessible. They are holding fundraisers to help get money to match the grant opportunity. Please reach out to Christy Acord if interested or able to assist with fundraising for this building.

Nutrition Article for National Nutrition Month was posted in the ElWyhee HiLites in March, woo hoo! The website gets updated monthly so we weren't able to pull it up, but it is posted on the ECHC landing page, and will be for the next 2 months.

12:40 – 1:00 PM

Roundtable Updates, Announcements, Ideas- Open to all

Mindy showed the committee specific resources that will be posted to the ECHC landing page. Please see the landing page and click the "Resources" dropdown, to view the resources. Contact Mindy if you have other resources that you would like to see in that section. These should be resources that are static, that

we would like to continuously promote. You can also send Mindy any events you would like posted to the ECHC calendar page.

Kati mentioned that American Lung Association is offering free trainings for people to get trained to facilitate alternative to suspension and voluntary cessation programs to help youth quit nicotine. Please reach out to Kati to learn more.

Vicky mentioned a funding opportunity need for Glens Ferry School district for them to hire a school nurse. Mindy will put a feeler out to CDH grant writer to keep an eye out!

Mary Ferguson is retiring in June! Congrats Mary! We look forward to meeting Cassandra Garza soon!

Kati Chauvin will be stepping down from SUD/Nicotine Committee coordinator. So we will be seeking a new committee coordinator for this position! Reach out to Mindy if you might have SUD or nicotine background, and/or would be able to lead this committee



Next meeting: June? TBD
Committee meetings only in May.

Find the Elmore County Health Coalition landing page and past minutes and presentations here:
<https://cdh.idaho.gov/community-health/community-health-partnerships/elmore-county-healthcare-coalition/>