## **Boise County Health Coalition Meeting Minutes**

Tuesday, October 15th, 2024 10:00am - 11:00am Idaho City High School Conference Room 100 Centerville Rd, Idaho City, ID 83631 Hybrid Meeting; See virtual meeting link below



## Welcome & Introductions

Attendees: Travis Schmidt, Kelsey Williams, Tonya Heffington, Mindy Curran, Marcy Moore

### **Boise VA Medical Center**

Travis gave a wonderful overview of the Boise VA Medical Center (see the presentation attached to the email) and gave us all some ideas about how we might be able to collaborate with the Boise VA to provide education and information to our community members connected to the military or veteran community. The Boise VA can help with providing cable locks, suicide prevention trainings and more! More examples of partnership opportunities are noted below. You can also see Travis' presentation (2:05-29:10) on the meeting recording here. Also, see attached resources from the Boise VA in the attached email.

# **Examples of Partnerships**

- Governor's Challenge: Idaho has implemented several strategies. Ask The Question, Connectedness, Safe Storage
- PsychArmor V.A. S.A.V.E Training: FREE 25-minute suicide prevention training video available online Governor's Challenge Training Portal (psycharmor.org)
- Suicide Prevention Month: Activities in community and on our facility.
- National Shooting Sports Foundation/American Foundation Suicide Prevention: Safe Firearm Storage Toolkit

## Tactics

**Building Partnerships**  Initial Contact Discovery Call Vetting Partner Plan Development

Sustaining Partnerships Execute Activities Regular Communications Assess Efforts/Revise

 Event Analysis Staff Coordination Product Review

#### **SP Partnerships** Briefings VA Internal/External Briefings

VA - Internal Coordination VACO-level Offices •VBA, CMV, CWV, etc.

Communications Products OPIA Support Director's Engagements • Press Releases, Blogs Partner Products



## Old Business & Updates from the Summer

- Horseshoe Bend Summer Food Program (Kelsey)

- They increased the number of families who they have gotten food into homes for by 400% this summer! It was good work, but really hard. They are going to make some changes to how they will be dividing up food for families vs individuals for the program next summer.

- Provided 32 seniors in the community with 4 meals a week! Really sad when they had to tell them it was over. The seniors loved to come in and interact with students helping out. Working on grants and funding options to restart that in the summer.

- Monday Nights "We Eat Together" meals will be served to anyone in the community for a FREE meal. Location also serving as a warm place for those who might need it.



- Cooking Matters for Teens starts on October 29<sup>th</sup> in Horseshoe Bend! See flyer attached to email for more information. Class is for middle-high school students. We will try to get any future Cooking Matters classes into the Community Ed catalog.



- SWIAA Visit to GV Senior Center (Mindy)

- Southwest Idaho Area Agency on Aging and CDH visited the GV Senior Center, and gave some health related goodies and resources to those senior centers. We would like to set up similar visits to Basin Senior Center and the HSB Senior Center. Mindy can work with senior center contacts to coordinate this.

- Idaho City LEAP Housing Meeting & Follow Up (Mindy)

- We had a great turnout at the Idaho City LEAP Housing meeting that happened at the Idaho City School in the summer. Bart Cochran came to present about LEAP and talk about opportunities that LEAP can help with to create affordable housing in Idaho City. Bart and Mindy will be presenting about LEAP to the Idaho City City Council on November 13<sup>th</sup>. Agenda will be posted closer to that date, and as far as I know, the meetings are open for people to attend, and there is a Zoom option. Bart will give a similar presentation for city council to start the conversation about affordable housing possibilities in Idaho City.

- Mobile Prescription/Pharmacy Opportunities (Mindy)

- Garden Valley is the only pharmacy in Boise County and we are working to get more medical and dental providers into Boise County or more accessible to Boise County residents. Mindy connected with Mountain Care Pharmacy, and independent pharmacy located out of Boise, to chat about making their services accessible to Boise County residents. They are able to bill insurances, including Medicaid, and are able to handle any prescriptions that a retail pharmacy will fill. They can ship prescriptions directly to patients (possible extra cost), OR make weekly deliveries to a "clinic" whom has their dispensing license. To get a dispensing license is a \$100 cost. Mindy will follow up and see if there are other stipulations for a clinic to get a dispensing license.

Some questions that came up were:

• Are there some medications that cannot be shipped? That has been a barrier for folks in the past.

Roundtable Announcements, Needs and Ideas Let's share resources & needs you have!

<ul> <li>Mindy to meet with Marcy at Basin Library to discuss options for sharing resources to Lowman</li> </ul>
with the Bookmobile
<ul> <li>Region 4 Juvenile Justice Council serves Boise County among others, and have <u>action plans</u> (2021-2023 3- Year Action Plan)related to deinstitutionalization of juveniles, and "prevention efforts". They have funding available for programs or services related to these areas of focus. Mindy proposed a possibility of trying to bring a "Mental Health Fair" to Idaho City. Mental health fairs would incorporate activities from local vendors related to things not traditionally thought of as mental health supports, e.g. gardening, music therapy, art, etc. and provide them at this fair for free to the community. Mindy will continue this conversation with the Idaho City coalition members and R4JJC to see if funding from the council could be used for this type of activity, perhaps next summer</li> </ul>
Action Items:
Mindy: Investigate Meals on Wheels options for Boise County
Mindy: Investigate home health care options for Boise County
$\square$ Brent: Reach out to contacts at Canyon Springs to investigate how they brought services to their
school
Mindy: Work with Natalie to plan boothing opportunities at Senior Centers
Mindy: Look into getting SWIAA ads into newspapers
Brian: Connect with LEAP Housing
Mindy: Investigate mobile prescription delivery options/ programs
Mindy: Investigate daycare solutions
Laura: Reach out to Tonya to connect WeeOnes and PAT
Mindy: Connect with Kelsey about Cooking Matters opportunities for elementary
Kelsey: Connect new nurse to Mindy to invite to future coalition meetings
Mindy: investigate whether or not there are stipulations for a clinic to get their dispensing certification.
$\square$ Mindy: Follow up with Marcy about getting resources on the bookmobile for Lowman residents
$\square$ Mindy: Investigate possibility of using R4JJC funding for Mental Health Fair in Idaho City

Next Meeting: November 19<sup>th</sup> @ 10am. In-person location: TBD