

Central District Board of Health Meeting | Agenda

707 N. Armstrong Pl, Boise, ID 83704

Friday, April 18, 2025 | 8:30 a.m.

The meeting will also be live on YouTube (see below) and available on our website for later viewing. Public comment will be accepted as noted on the agenda. People wishing to speak will have a maximum of three (3) minutes.

A = Board Action Required		I = Information Item
8:30	I Call board meeting to order and roll call	Dr. Greg Ferch, Chair
8:32	A Call for changes to agenda; vote to approve of agenda	Dr. Greg Ferch, Chair
8:34	A Discuss and vote on March 28, 2025, Board of Health minutes	Dr. Greg Ferch, Chair
8:35	I Provide and review FY-2025 financial report	Laurel Gearhart, Staff
9:00	I WIC program overview	Emily Waddoups, Staff
9:30	A Review and vote on the FY-2026 proposed budget	Russ Duke, District Director
10:00	I Director's Report to include a review of new laws that will impact public health	Russ Duke, District Director
10:30	I Public Comment. Limited to three (3) minutes. Additional time at the discretion of the chair.	Dr. Greg Ferch, Chair
11:00	I Adjournment	Dr. Greg Ferch, Chair

Note: The board will take a break as needed.

Next Meeting: Friday, May 9, 2025



Public Comments and Viewing

Submit Written Comments: If your comments are in response to an agenda item for a specific meeting date, please note that comments must be received 24-hours in advance of the applicable meeting to allow for routing and board member review. All messages will be shared with the Board and included in public record. Email: boh@cdh.idaho.gov; or Mail to: CDH Board of Health, Attn: Russ Duke, 707 N. Armstrong Place, Boise, ID 83704. **View meetings live at:** <https://www.youtube.com/channel/UC4LJ1BM5Jv3zczecrYkXarw/>

Ada & Boise County

707 N. Armstrong Pl. Boise, ID 83704
208-375-5211

Elmore County

520 E. 8th N. Mountain Home, ID 83647
208-587-4407

Valley County

703 1st St. McCall, ID 83638
208-614-7194

CENTRAL DISTRICT HEALTH BOARD OF HEALTH REGULAR MEETING | MINUTES - DRAFT
707 N. Armstrong Place, Boise, ID 83704 | Syringa Conference Room
Friday, March 28, 2025, 8:30 a.m.

View meetings live at youtube.com/channel/UC4LJ1BM5Jv3zczecYkXarw/

Call board meeting to order and roll call – Dr. Greg Ferch, Chair

Dr. Greg Ferch, Board Chair, called the Central District Health (CDH) Board of Health meeting to order at 8:30 A.M. The board members were identified by roll call: Comr. Katlin Caldwell, Valley County; Dr. Jane Young, Ada County; Betty Ann Nettleton, Elmore County; Dr. Greg Ferch, Ada County; Comr. Crystal Rodgers, Elmore County; Dr. Ryan Cole, Ada County; Comr. Clay Tucker, Boise County;

Guests and staff in attendance were Russ Duke, District Director; Linda Stormes, Recorder; Laurel Gearhart, Support Services Division Administrator; Curtis Loveless, Community & Environmental Health Division Administrator; Beth Bolen, Family & Clinic Services Division Administrator; Stephanie Borders, Communications & Marketing Manager; Becca Jenkins, Program Manager;

Call for changes to agenda; vote to approve of agenda – Dr. Greg Ferch, Chair

Chair Greg Ferch called for any changes to the agenda as presented; no changes were brought up, and the agenda was approved.

Discuss and vote on February 21, 2025, Board of Health minutes – Dr. Greg Ferch, Chair

Chair Greg Ferch called for any changes to the February 21, 2025, Board of Health minutes; no changes were brought up, and the February 21, 2025, Board of Health minutes were approved.

Provide and review FY-2025 financial report – Laurel Gearhart, Staff

Laurel provided an overview of the current FY-2025 Budget to Actual report. We are approximately 66.67% through FY-2025. The FY-2025 Cash Balance Statement reflected a total cash balance of \$12,767,391, comprised of \$6,509,337 in total reserve fund designations, \$3,907,869 in total restricted funds, and \$2,350,185 in cash balance undesignated/unrestricted.

Review and discuss Opioid Settlement Funds – Curtis Loveless, Becca Jenkins, Staff

Curtis and Becca provided an overview of Central District Health's Opioid Settlement Funds. We have received a total of \$4,024,066.17. Total expenditures through January 2025 are \$653,000. Becca shared information on the work the program has done and their plans for the future. The Board expressed their support and appreciation for the work the program is doing.

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Discuss and vote on budget guidance for the FY-2026 Budget, including compensation plan for CDH staff and county funding request – Russ Duke, District Director

Russ reviewed the budget process, leading to the budget committee meeting on May 9, 2025. The board will approve a proposed budget at the April Board of Health Meeting, which will be presented to our County Commissioners before the District IV Budget Committee meeting on May 9. Russ received support from the Board to develop the FY-2026 draft budget, requesting a 3% increase from the counties. The plan will incorporate a wage increase for staff, following Korn Ferry's FY-2026 recommendations.

Chair Greg Ferch called for a motion to approve creating a FY-2026 Draft Budget with a 3% increase request from the counties.

Motion: Commissioner Clay Tucker motioned to approve creating a FY-2026 Draft Budget with a 3% increase request from the counties, seconded by Dr. Ryan Cole; the motion was put to a vote and was carried unanimously.

CDH Purchasing Policy – Laurel Gearhart, Staff

Laurel presented the Board with an updated version of Central District Health's purchasing policy for their review and approval. The updated policy ensures compliance with purchasing rules for political subdivisions and adjusts the thresholds for going out to bid. In addition to those changes, the updated policy also now includes the P-Card and Grant Partnership policies.

Chair Greg Ferch called for a motion to approve the updated Purchasing Policy as presented.

Motion: Dr. Jane Young motioned to approve the updated Purchasing Policy as presented, seconded by Betty Ann Nettleton; the motion was put to a vote and was carried unanimously.

Discuss the preferred path forward for the public swimming pool inspection program that has been removed from the Department of Health and Welfare's authority through H202. This change will eliminate the pool health and safety rules on July 1, 2025, that delegate the inspections to public health districts. – Russ Duke, District Director, Curtis Loveless, Staff.

Russ provided the Board with background on the public swimming pool inspection program. Curtis asked for the Board's direction on their preference for Central District Health's public swimming pool inspection program. The Board's preference is to continue exploring options, and working with community partners to develop standards and then collaborating with Mike Kane to logistically determine the best path to make the program work.

Director's Report – Russ Duke, District Director

Russ shared some information on pending ballots up for a vote at the Executive Council. He also shared updates on the MOU agreement between Central District Health and the Department of Environmental Quality.

Public Comment – Dr. Greg Ferch, Chair

No public comments were brought before the board.

Adjournment – *Dr. Greg Ferch, Chair*

The next Board of Health meeting will be on Friday, April 18, 2025, starting at 8:30 A.M. at the Boise office. The board adjourned at 11:13 A.M.

Attest:

Dr. Greg Ferch
Board Chair

Russell A. Duke, District Director
Secretary to the Board of Health

Date approved: _____

FY-2025 Budget to Actual Report
July 2024 - March 2025
 Fiscal Year % Elapsed 75%

REVENUES:	FEES			CONTRACTS			OTHER			TOTAL REVENUE			% to
	Budget	Actual	%	Budget	Actual	%	Budget	Actual	%	Budget	Actual	Budget	
Administration	0	0	0%	94,300	389,125	413%	0	0	0%	94,300	389,125	413%	
Support Services	0	0	0%	60,700	1,586	3%	108,600	2,401	2%	169,300	3,987	2%	
Community and Environmental Health	1,289,100	1,083,642	84%	4,766,800	2,916,421	61%	778,500	994,260	128%	6,834,400	4,994,323	73%	
Family and Clinic Services	585,300	286,983	49%	3,349,200	2,646,242	79%	14,200	833	6%	3,948,700	2,934,058	74%	
DISTRICT TOTAL	1,874,400	1,370,625	73%	8,271,000	5,953,374	72%	901,300	997,494	111%	11,046,700	8,321,493	75%	
										County Contributions	5,511,800	5,640,927	102%
										Interest Revenue	485,900	358,545	74%
										Restrict/Reserve	364,900	0	0%
										REVENUE:	17,409,300	14,320,965	82%
										TOTAL FUNDING:	17,409,300	14,320,965	82%

EXPENDITURES:	PERSONNEL			OPERATING			CAPITAL			TRUSTEE & BENEFITS			TOTAL EXPENDITURES		% to Budget
	Budget	Actual	%	Budget	Actual	%	Budget	Actual	%	Budget	Actual	%	Budget	Actual	
Administration	515,300	449,422	87%	186,900	119,371	64%	0	0	0%	5,500	5,845	106%	707,700	574,638	81%
Support Services	1,789,200	1,432,229	80%	725,600	868,839	120%	464,000	153,955	33%	0	17	0%	2,978,800	2,455,041	82%
Community and Environmental Health	4,516,400	3,311,099	73%	2,424,900	1,573,520	65%	20,000	0	0%	956,800	586,652	61%	7,918,100	5,471,272	69%
Family and Clinic Services	4,770,200	3,134,687	66%	854,100	550,581	64%	0	0	0%	119,700	81,609	68%	5,744,000	3,766,877	66%
DISTRICT TOTAL	11,591,100	8,327,438	72%	4,191,500	3,112,311	74%	484,000	153,955	32%	1,082,000	674,123	62%	17,348,600	12,267,827	71%

FY-2025 REVENUE & EXPENDITURE REPORT

July 2024 - March 2025

Fiscal Year % Elapsed 75.00%

NOTES

REVENUES:

EXPENDITURES:

Fees:

	July - March		
	FY 23	FY 24	FY 25
Community & Environmental Health			
Sewage Disposal	416,110	350,417	375,507
Land Programs - Other	62,780	65,873	67,923
Food Programs (updated)	631,749	642,734	589,844
Child Care Licensing	34,355	23,130	25,675
Other (incl. Vital Stat's)	44,043	769	24,693
Subtotal:	1,189,037	1,082,923	1,083,642
Family & Clinic Services			
Central Care	65,527	85,945	64,684
Immunizations	72,864	64,095	39,381
Reproductive Health	100,144	110,173	58,018
Child Dental Clinic	40,478	35,394	31,743
Home Visitation	79,498	75,640	92,044
Other	8,315	-	1,112
Subtotal:	366,826	371,247	286,983
TOTAL FEES:	1,555,863	1,454,170	1,370,625

Personnel Costs:

Completed Payperiods:	20/26	76.9%		
Current Spending:		71.8%		
Budget Total	Budget to Date	Actual to Date	-Under / Over	% -Under / Over
11,591,100	8,916,231	8,327,438	-588,793	-6.6%

Operating Costs:

Budget Total	Budget to Date	Actual to Date	-Under / Over	% -Under / Over
4,191,500	3,143,625	3,112,311	-31,314	-1.0%

Trustee and Benefit Costs:

Budget Total	Budget to Date	Actual to Date	-Under / Over	% -Under / Over
1,082,000	811,500	674,123	-137,377	-16.9%

Capital Outlay:

Budget Total	Budget to Date	Actual to Date	-Under / Over	% -Under / Over
484,000	363,000	153,955	-209,045	-57.6%

Contracts:

Administration	-	72,988	389,125
Support Services	-	13,276	1,586
Community & Environmental Health	7,229,926	3,957,084	2,916,421
Family & Clinic Services	2,804,244	1,930,642	2,646,242
TOTAL CONTRACTS:	10,034,170	5,973,989	5,953,374

REVENUES

	Budget Total	Budget to Date	Actual to Date	% Over / -Under
Fees	1,874,400	1,405,800	1,370,625	-2.5%
Contracts	8,271,000	6,203,250	5,953,374	-4.0%

FY-2025 Cash Balance Statement

For Month Ending: March 2025

Cash Balances

<u>Fund #</u>	<u>Name</u>	<u>Location</u>	<u>Beginning Balance</u>	<u>Change</u>	<u>Ending Balance</u>
N/A	Cash on Hand	CDH	3,960	(1,450)	2,510
29000	Operating	State Treasurer - General	1,449,041	(1,319,571)	129,470
62500	LGIP - Operating	State Treasurer - LGIP	8,688,405	2,683,545	11,371,950
62500	LGIP - Capital	State Treasurer - LGIP	1,000,000	-	1,000,000

Total Cash Balances at Month End **\$ 12,503,930**

Reserve Fund Designations

<u>Special Projects/Carryover Designation</u>	<u>Approved Request</u>	<u>Expenditure to Date</u>	<u>Balance</u>
Environmental Health Sysrms Upgrades	\$ 296,864	\$ 77,698	\$ 219,166
Employee Retention	\$ 139,000	\$ 139,000	\$ -
CDH Staffing Needs	\$ 299,100	\$ 52,123	\$ 246,977
Armstrong Bathroom Remodel	\$ 100,000	\$ -	\$ 100,000
McCall Office Refresh	\$ 50,000	\$ -	\$ 50,000
	\$ -	\$ -	\$ -
	\$ 884,964	\$ 268,821	\$ 616,143

Personnel Reserve Fund 27th Pay Period 279,300

Operational Reserve Funds
 \$4,520,000 designated (3-month cash flow target = \$4,520,000) 4,520,000

Capital Reserve Fund for Building/Capital 1,000,000

Total Reserve Fund Designations **\$ 6,415,443**

Total Restricted Funds **\$ 3,847,788**

Cash Balance Undesignated/Unrestricted **\$ 2,240,700**



EXCELLENCE | POSITIVE IMPACT | PARTNERSHIP | INNOVATION | CREDIBILITY | HUMANITY



What is WIC?

- ▶ Special Supplemental Nutrition Program for Women, Infants and Children
- ▶ Public Health and Nutrition Program
- ▶ Administered by FNS USDA
- ▶ Provides Supplemental Foods
- ▶ Nutrition Education
- ▶ Breastfeeding Support
- ▶ Referrals to Community Resources






WIC History

- ▶ Began in 1972 as a pilot project
- ▶ In 1974 became fully authorized by federal law
- ▶ Initial goal of the program was to reduce iron-deficiency anemia
- ▶ Currently serve over 32,000 Idaho residents per month



Eligibility Requirements

1. Resident of Idaho
2. Categorically eligible
 -  Parent or caregiver of a child under 5 years of age
 -  Pregnant
 -  Breastfeeding Women up to 1 year postpartum/Women who had a baby within last six months
3. Low-income (Enrolled in Medicaid/SNAP/TANF or meets income guidelines.)



Income Guidelines



July 1, 2024 - June 30, 2025 - based on maximum gross household income

HOUSEHOLD SIZE	PER WEEK	PER MONTH	PER YEAR
1	\$536	\$2,322	\$27,861
2	\$728	\$3,152	\$37,814
3	\$919	\$3,981	\$47,767
4	\$1,110	\$4,810	\$57,720

For each additional person, add \$9,953/year.



How it Works

1. Provided with nutrition education
2. Given a monthly benefit for nutritious food
3. Told about other resources and health care services available
4. One appointment can supply up to 3 months of WIC benefits



Foods

- ▶ Cereal
- ▶ Eggs
- ▶ Bread, tortillas, brown rice, pasta
- ▶ Dry beans & lentils/peanut butter
- ▶ Yogurt, milk, cheese
- ▶ Juice
- ▶ Fresh fruits and veggies
- ▶ Infant cereals & foods
- ▶ Infant formula
- ▶ Canned fish for breastfeeding women



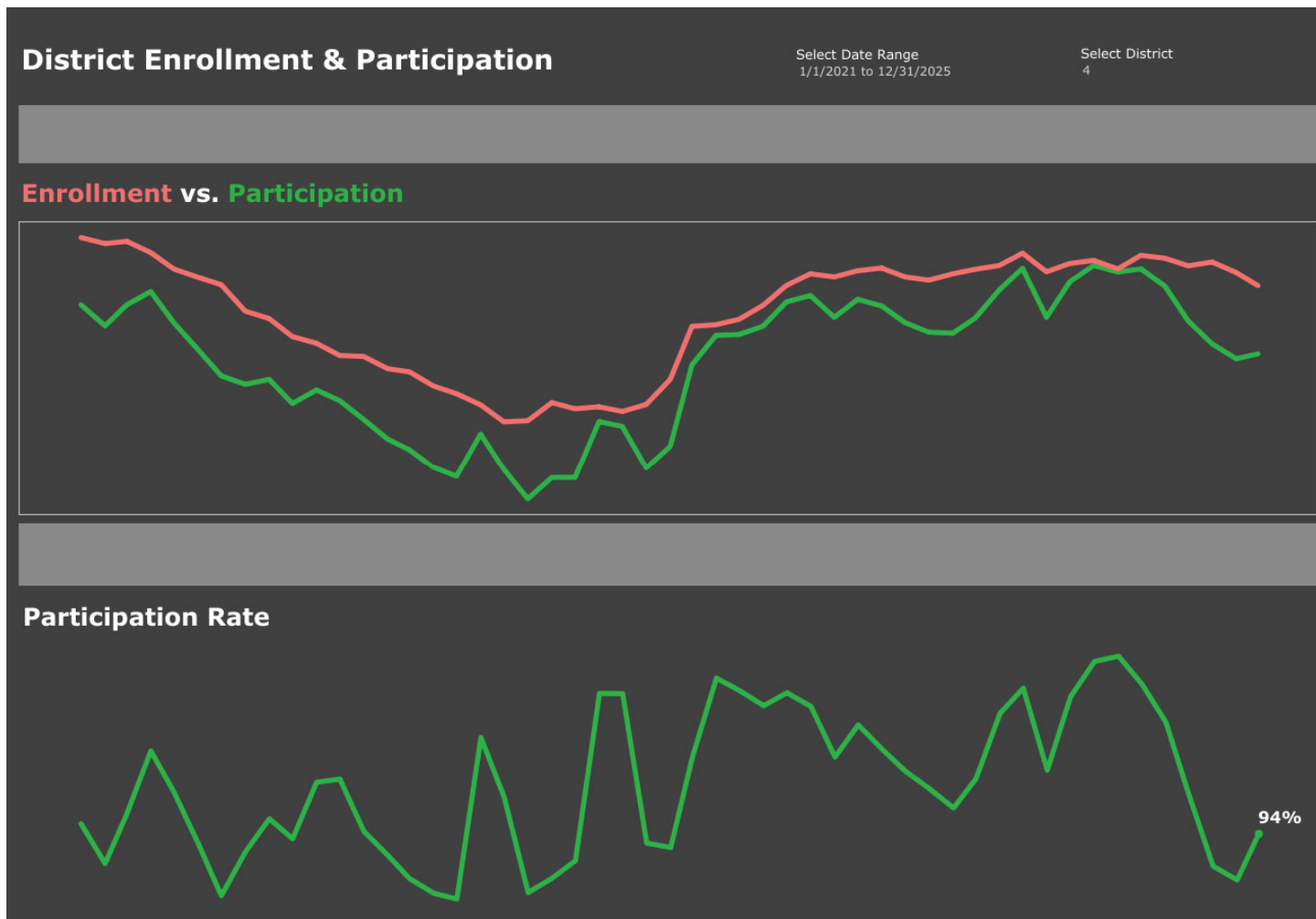
Health Outcomes

Numerous studies show that WIC is effective and helps:

- ▶ Lower premature birth rates
- ▶ Decrease number of fetal and infant deaths
- ▶ Reduces the incidence of low iron (anemia)
- ▶ Increases immunization rates
- ▶ Improved diet quality and increase access to regular health care
- ▶ Increase access to prenatal care earlier in pregnancy
- ▶ Increase pregnant women's consumption of key nutrients (iron, protein, calcium, and Vitamins A & C)

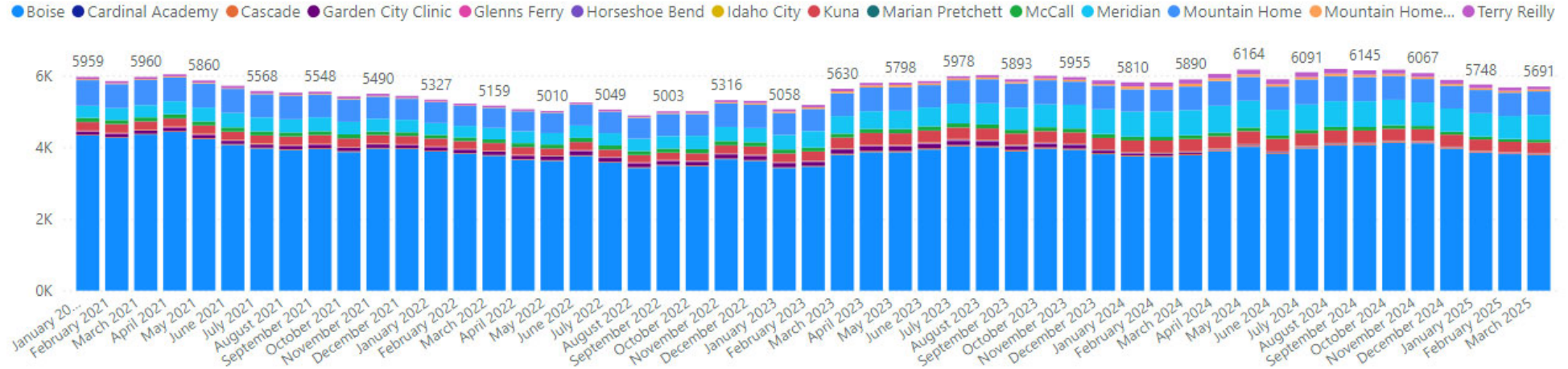


Data Trends



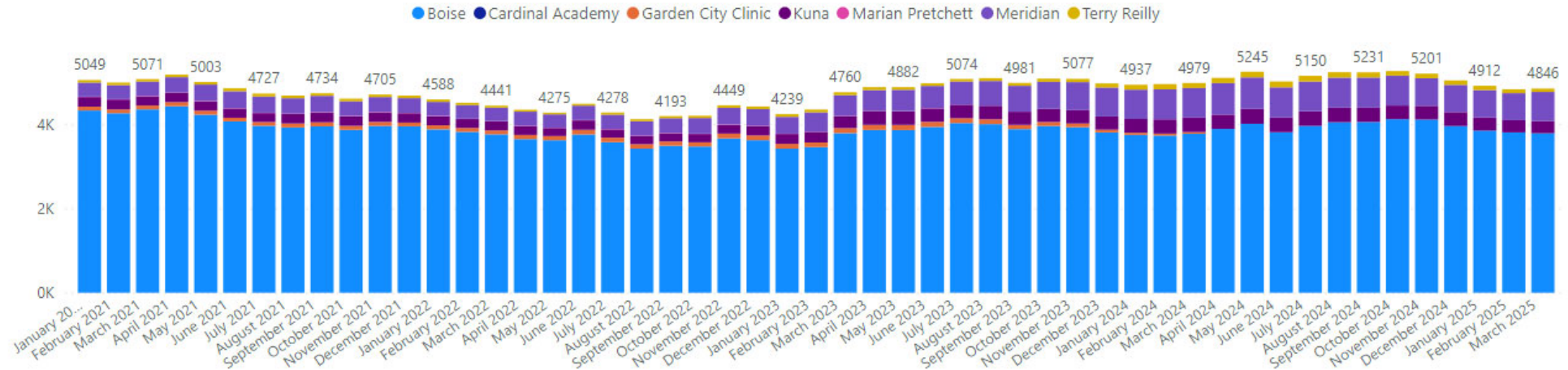
Participation Trends

Monthly Participation by Clinic



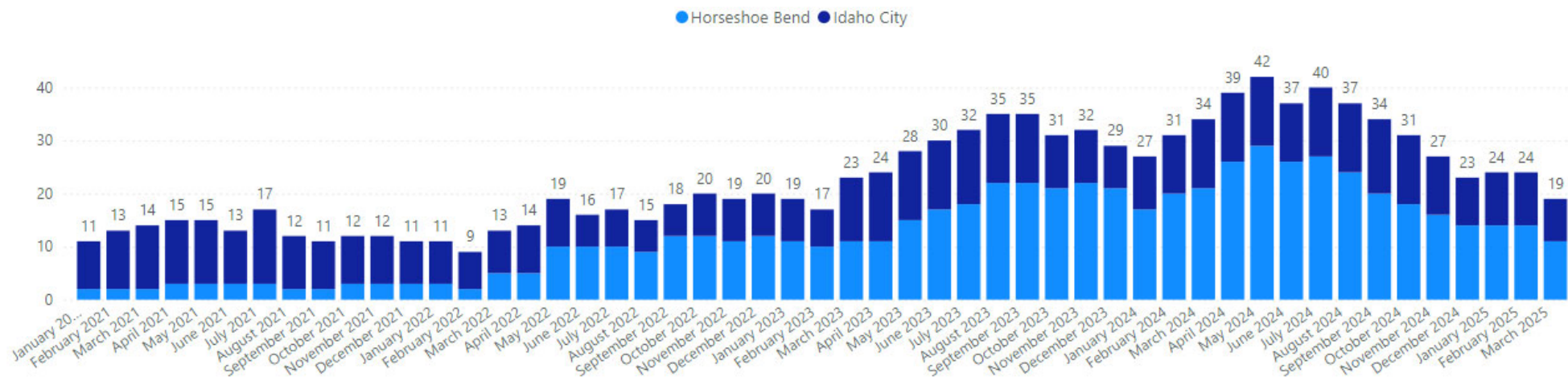
Participation Trends – Ada County

Monthly Participation by Clinic



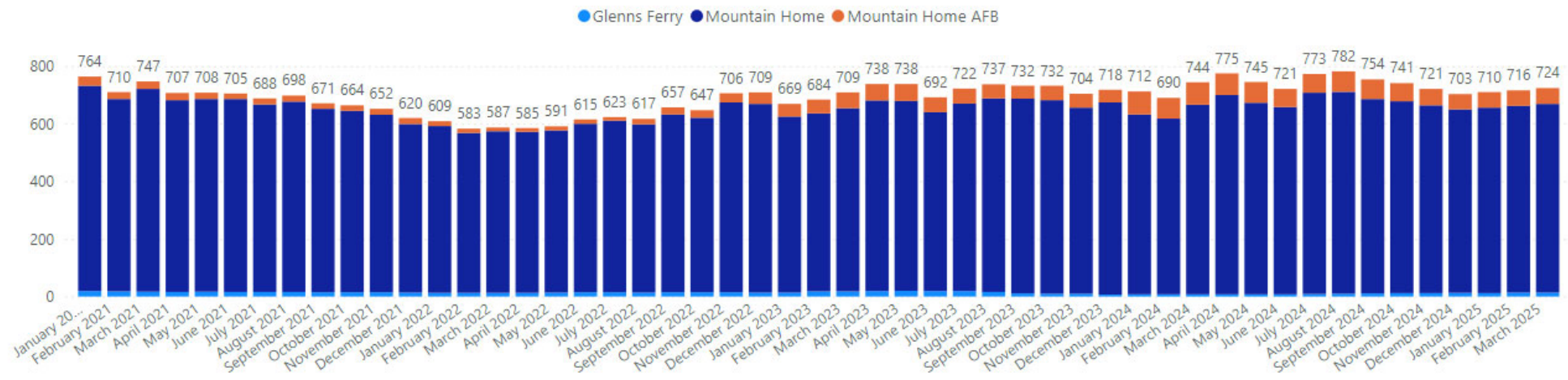
Participation Trends – Boise County

Monthly Participation by Clinic



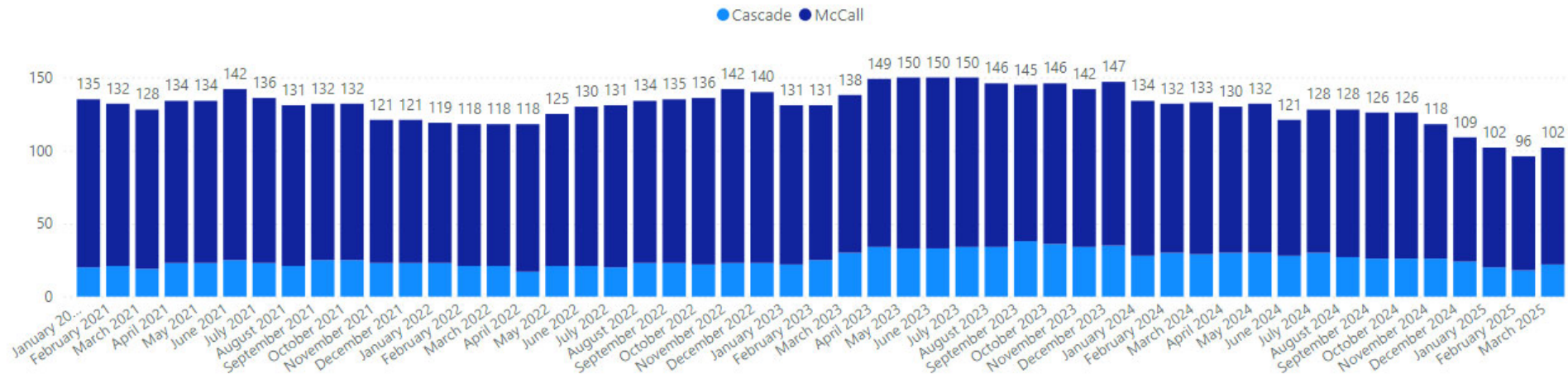
Participation Trends – Elmore County

Monthly Participation by Clinic



Participation Trends – Valley County

Monthly Participation by Clinic



Clinic Locations

- ▶ Ada County - Boise, Meridian, Kuna, 23rd Street Terry Reilly, Cardinal Academy, Multiple Mobile sites
- ▶ Boise County - Idaho City, Horseshoe Bend
- ▶ Elmore County - Mountain Home, Mountain Home Air Force Base, Glenns Ferry
- ▶ Valley County - McCall, Cascade

Total of 12 regularly scheduled sites & 5 Mobile sites





Comments/Questions?

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208-327-8454 or 208-921-1078