

Central District Board of Health Meeting | Agenda

707 N. Armstrong Pl, Boise, ID 83704

Friday, March 20, 2026 | 8:30 a.m.

The meeting will also be live on YouTube (see below) and available on our website for later viewing. Public comment will be accepted as noted on the agenda. People wishing to speak will have a maximum of three (3) minutes and must sign in before the meeting starts.

A = Board Action Required	I = Information Item
8:30 I Call board meeting to order and roll call	Dr. Greg Ferch, Chair
8:32 A Call for changes to the agenda; vote to approve agenda	Dr. Greg Ferch, Chair
8:34 A Discuss and vote on February 27, 2026, Board of Health minutes	Dr. Greg Ferch, Chair
8:35 I Public Comment. Limited to three (3) minutes. Additional time at the discretion of the chair	Dr. Greg Ferch, Chair
8:45 I Review FY-2026 Financial Report	Conan Chiu, Staff
9:00 A Discuss and vote on budget guidance for the FY-2027 Budget, including compensation plan for CDH staff and county funding request	Russ Duke, District Director
9:15 I WIC Nutrition and Breastfeeding update	Emily Waddoups, Staff
9:30 I WIC program operational overview and strategy to increase participation	Beth Bolen, Staff
9:45 I Executive Council update on legislation of public health interest	Betty Ann Nettleton, Board Member
10:00 I Director's Report to include the FY-2027 Budget plan	Russ Duke, District Director
10:05 A Vote to enter Executive Session per Idaho Code 74-206(1)(a) "To consider hiring a public officer, employee, staff member or individual agent, wherein the respective qualities of individuals are to be evaluated in order to fill a particular vacancy or need."	Dr. Greg Ferch, Chair
10:35 A Discuss and vote on any actions, if needed, to be taken after returning to regular session.	Dr. Greg Ferch, Chair
10:36 I Public Health News Open Discussion	Dr. Greg Ferch, Chair
11:00 I Adjournment	Dr. Greg Ferch, Chair

Next Meeting: Friday, April 10, 2026, at 8:30 A.M



Public Comments and Viewing

Submit Written Comments: If your comments are in response to an agenda item for a specific meeting date, please note that comments must be received 24-hours in advance of the applicable meeting to allow for routing and board member review. All messages will be shared with the Board and included in public record. Email: boh@cdh.idaho.gov; or Mail to: CDH Board of Health, Attn: Russ Duke, 707 N. Armstrong Place, Boise, ID 83704. **View meetings live at:** <https://www.youtube.com/channel/UC4LJ1BM5Jv3zczeenYkXarw/>

Ada & Boise County

707 N. Armstrong Pl. Boise, ID 83704
208-375-5211

Elmore County

520 E. 8th N. Mountain Home, ID 83647
208-587-4407

Valley County

703 1st St. McCall, ID 83638
208-634-7194

CENTRAL DISTRICT HEALTH BOARD OF HEALTH REGULAR MEETING | MINUTES
707 N. Armstrong Place, Boise, ID 83704 | Syringa Conference Room
Friday, February 27, 2026, 8:30 a.m.

View meetings live at youtube.com/channel/UC4LJ1BM5Jv3zczecnYkXarw/

Call board meeting to order and roll call – Dr. Greg Ferch, Chair

Dr. Greg Ferch, Board Chair, called the Central District Health (CDH) Board of Health meeting to order at 8:30 A.M. The board members were identified by roll call: Dr. Jane Young, Ada County; Betty Ann Nettleton, Elmore County; Dr. Greg Ferch, Ada County; Comr. Crystal Rodgers, Elmore County; Comr. Katlin Caldwell, Valley County; Comr. Clay Tucker, Boise County; Dr. Ryan Cole, Ada County;

Guests and Staff in attendance were Russ Duke, District Director; Cory Kennedy, Recorder; Laurel Gearhart, Support Services Division Administrator; Curtis Loveless, Community & Environmental Health Division Administrator; Beth Bolen, Family & Clinic Services Division Administrator; Stephanie Borders, Communications & Marketing Manager; Dr. Jaime Butler-Dawson, Communicable Disease Control Program Manager; Brent Copes, Environmental Health Lands Program Manager; Conan Chiu, Financial Services Manager;

Call for changes to agenda; vote to approve of agenda – Dr. Greg Ferch, Chair

Chair Greg Ferch called for any changes to the agenda as presented; no changes were brought up, and the agenda was approved.

Discuss and vote on February 27, 2026, Board of Health minutes – Dr. Greg Ferch, Chair

Chair Greg Ferch called for any changes to the February 27, 2026, Board of Health minutes; no changes were brought up, and the February 27, 2026, Board of Health minutes were approved.

Public Comment – Dr. Greg Ferch, Chair

No public comments were brought before the Board.

Provide and review FY-2026 financial report – Laurel Gearhart, Staff

Laurel provided an overview of the current FY-2026 Budget to Actual report. We are approximately 58.33% through FY-2026. The FY-2026 Cash Balance Statement reflected a total cash balance of \$12,590,517, comprised of \$7,171,835 in total reserve fund designations, \$3,924,805 in total restricted funds, and \$1,493,876 in cash balance undesignated/unrestricted.

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Discuss and vote on the FY-2026 Budget Revision and Reserve Fund Designation – Laurel Gearhart, Staff

Laurel provided an overview of the FY-2026 Budget Revision and Reserve Fund Designation for the Board's approval. The Budget Revision reflects a \$207,300 increase in Personnel Costs, a \$292,500 increase in Operating Costs, a \$131,100 increase in Capital Outlay, and a \$59,600 decrease in Trustee and Benefits, for a total increase in expenditures of \$571,300.

Motion: Betty Ann Nettleton motioned to approve the FY-2026 Budget Revision and Reserve Fund Designation as presented, seconded by Dr. Jane Young; the motion was put to a vote and was carried unanimously.

Emergency and Non-Emergency Succession Planning Policy – Russ Duke, District Director

Russ reviewed the current Emergency and Non-Emergency Succession Planning Policy for the Board's approval.

Motion: Commissioner Katlin Caldwell motioned to approve the Emergency and Non-Emergency Succession Planning Policy as presented, seconded by Betty Ann Nettleton; the motion was put to a vote and was carried unanimously.

Childhood immunization rates in our district and our plan to improve vaccine education and access – Dr. Jaime Butler-Dawson, Beth Bolen, Staff

Jaime provided an overview of the current vaccine schedule and information on the number of vaccines provided to demographic groups in District 4. Beth provided an overview of the steps the Family & Clinic Services Division is taking to improve vaccine education and access within District 4.

Community & Environmental Health Division Update – Curtis Loveless, Staff

Curtis provided an overview of the work the Community & Environmental Division is doing within District 4.

Executive Council Legislative Update – Betty Ann Nettleton

Betty Ann Nettleton provided updates from the Executive Council and updates from the current Legislative session.

Director's Report – Russ Duke, District Director

Russ reminded the Board of the upcoming budget approval process, which begins at the March Board of Health meeting. At the March Board of Health meeting, Russ will discuss his plan for the upcoming FY-2027 budget.

Public Health News Open Discussion – Dr. Greg Ferch, Chair

The Board had an open discussion on current public health news topics.

Adjournment – *Dr. Greg Ferch, Chair*

The next Board of Health meeting will be on Friday, March 20, 2026, starting at 8:30 A.M. at our Boise Office. The board adjourned at 10:30 A.M.

Attest:

Dr. Greg Ferch
Board Chair

Russell A. Duke, District Director
Secretary to the Board of Health

Date approved: _____

FY-2026 Budget to Actual Report July 2025 - February 2026

Fiscal Year % Elapsed 66.67%

REVENUES:	FEES			CONTRACTS			OTHER			TOTAL REVENUE		% to Budget
	Budget	Actual	%	Budget	Actual	%	Budget	Actual	%	Budget	Actual	
Administration	0	0	0%	98,300	364,626	371%	0	0	0%	98,300	364,626	371%
Support Services	0	0	0%	113,600	0	0%	47,900	58,062	121%	161,500	58,062	36%
Community & Environmental Health	1,410,500	1,071,039	76%	2,983,700	1,830,212	61%	1,062,200	484,283	46%	5,456,400	3,385,533	62%
Family & Clinic Services	980,500	578,143	59%	2,658,200	1,555,274	59%	416,400	202,542	49%	4,055,100	2,335,959	58%
DISTRICT TOTAL	2,391,000	1,649,182	69%	5,853,800	3,750,112	64%	1,526,500	744,887	49%	9,771,300	6,144,181	63%
							County Contributions			5,677,200	5,588,195	98%
							Interest Revenue			480,600	312,016	65%
							Restrict/Reserve			590,500	0	0%
							REVENUE:			16,519,600	12,044,392	73%
							TOTAL FUNDING:			16,519,600	12,044,392	73%

EXPENDITURES:	PERSONNEL			OPERATING			CAPITAL			TRUSTEE & BENEFITS			TOTAL EXPENDITURES		% to Budget
	Budget	Actual	%	Budget	Actual	%	Budget	Actual	%	Budget	Actual	%	Budget	Actual	
Administration	523,000	391,100	75%	135,400	96,286	71%	0	0	0%	0	0	0%	658,400	487,386	74%
Support Services	1,979,900	1,354,805	68%	795,600	636,847	80%	145,000	90,848	63%	0	0	0%	2,920,500	2,082,500	71%
Community & Environmental Health	4,517,100	2,989,909	66%	980,000	462,532	47%	11,100	11,084	100%	1,341,000	597,164	45%	6,849,200	4,060,689	59%
Family & Clinic Services	5,405,700	3,381,834	63%	685,800	442,340	64%	0	0	0%	0	15,673	0%	6,091,500	3,839,846	63%
DISTRICT TOTAL	12,425,700	8,117,647	65.33%	2,596,800	1,638,004	63%	156,100	101,932	65%	1,341,000	612,837	46%	16,519,600	10,470,421	63%

FY-2026 REVENUE & EXPENDITURE REPORT

July 2025 - February 2026

Fiscal Year % Elapsed 66.67%

NOTES

REVENUES:

<u>Fees:</u>	FY 24	July - February FY 25	FY 26
Community & Environmental Health			
Sewage Disposal	306,780	301,917	347,129
Land Programs - Other	61,720	61,683	78,663
Food Programs <i>(updated)</i>	595,755	518,929	585,625
Child Care Licensing	20,205	20,625	38,175
Other (incl. Vital Stat's)	4,343	13,694	21,447
Subtotal:	988,803	916,848	1,071,039
Family & Clinic Services			
Central Care	75,971	64,677	137,630
Immunizations	56,134	39,381	67,472
Reproductive Health	95,321	57,998	55,397
Child Dental Clinic	28,160	25,054	18,221
Home Visitation	69,033	92,044	299,423
Other	854	1,112	-
Subtotal:	325,474	280,266	578,143
TOTAL FEES:	1,314,277	1,197,114	1,649,182

Contracts:

Administration	22,319	389,125	364,626
Support Services	13,276	1,586	-
Community & Environmental Health	3,775,178	2,695,946	1,830,212
Family & Clinic Services	1,890,337	2,413,379	1,555,274
TOTAL CONTRACTS:	5,701,109	5,500,036	3,750,112

REVENUES	Budget Total	Budget to Date	Actual to Date	% Over / -Under
Fees	2,391,000	1,594,000	1,649,182	3.5%
Contracts	5,853,800	3,902,533	3,750,112	-3.9%

EXPENDITURES:

Personnel Costs:

Completed payperiods:	18/26	69.2%
Current spending:		65.3%

Budget Total	Budget to Date	Actual to Date	-Under / Over	% -Under / Over
	12,425,700	8,602,408	8,117,647	-484,760
				-5.6%

Operating Costs:

Budget Total	Budget to Date	Actual to Date	-Under / Over	% -Under / Over
	2,596,800	1,731,200	1,638,004	-93,196
				-5.4%

Trustee and Benefit Costs:

Budget Total	Budget to Date	Actual to Date	-Under / Over	% -Under / Over
	1,341,000	894,000	612,837	-281,163
				-31.5%

Capital Outlay:

Budget Total	Budget to Date	Actual to Date	-Under / Over	% -Under / Over
	156,100	104,067	101,932	-2,134
				-2.1%

FY-2026 Cash Balance Statement

For Month Ending: February 2026

Cash Balances

<u>Fund #</u>	<u>Name</u>	<u>Location</u>	<u>Beginning Balance</u>	<u>Change</u>	<u>Ending Balance</u>
N/A	Cash on Hand	CDH	2,510	-	2,510
29000	Operating	State Treasurer - General	273,489	35,694	309,183
62500	LGIP - Operating	State Treasurer - LGIP	10,162,034	1,088,016	11,250,050
62500	LGIP - Capital	State Treasurer - LGIP	1,000,000	-	1,000,000

Total Cash Balances at Month End

\$ 12,561,743

Reserve Fund Designations

<u>Special Projects/Carryover Designation</u>	<u>Expenditure to</u>		<u>Balance</u>
	<u>Approved Request</u>	<u>Date</u>	
Capital Improvement-Office Expansion	\$ 307,000	\$ -	\$ 307,000
IT Equipment Support	\$ 357,800	\$ 43,672	\$ 314,128
Marketing	\$ 95,000	\$ 8,626	\$ 86,374
Program Support	\$ 303,000	\$ 113,075	\$ 189,925
CDH Staff	\$ 196,100	\$ 101,253	\$ 94,847
Training and Development	\$ 25,000	\$ 16,484	\$ 8,516
Vehicles	\$ 85,700	\$ 85,645	\$ 55
Retention Incentives	\$ 150,000	\$ 264,680	\$ -
Capital Improve-Continue (McCall Facility & Armstrong Bathroom)	\$ 345,000	\$ 30,689	\$ 314,311
Accela-Continuation (EHS System)	\$ 140,000	\$ 8,053	\$ 131,947
	\$ 2,004,600	\$ 672,178	1,447,103

Personnel Reserve Fund 27th Pay Period

496,300

Operational Reserve Funds

\$3,987,100 designated (3-month cash flow target = \$3,987,100)

3,987,100

Capital Reserve Fund for Building/Capital

1,000,000

Total Reserve Fund Designations

\$ 6,930,502

Total Restricted Funds

\$ 3,800,413

Cash Balance Undesignated/Unrestricted

\$ 1,830,828



WIC Nutrition & Breastfeeding

EXCELLENCE | POSITIVE IMPACT | PARTNERSHIP | INNOVATION | CREDIBILITY | HUMANITY

1

WIC Nutrition
is **participant
centered** and
**evidence
based**

**Happy.
Healthy.
CDH.**



2

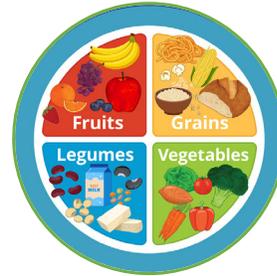
That means we:



Meet parents
where they are at



Educate with tools
they can understand



Use the plate
method to educate

3

Academy of Nutrition and Dietetics Statement

While many recommendations align with longstanding nutrition science, other elements raise significant concerns.

“Some of the recommendations in the DGAs are not aligned with the current body of evidence and will create challenges for implementation, particularly across federal nutrition programs that serve millions of Americans.”

“Registered dietitian nutritionists and nutrition and dietetics technicians, registered, play a critical role in applying the DGAs in ways that protect public health and meet the needs of a broad spectrum of populations. However, elements of this version of the guidelines will make that work difficult.”

Academy President Deanne Brandstetter, MBA, RDN, CDN, FAND



4

**HAPPY.
HEALTHY.
CDH.**

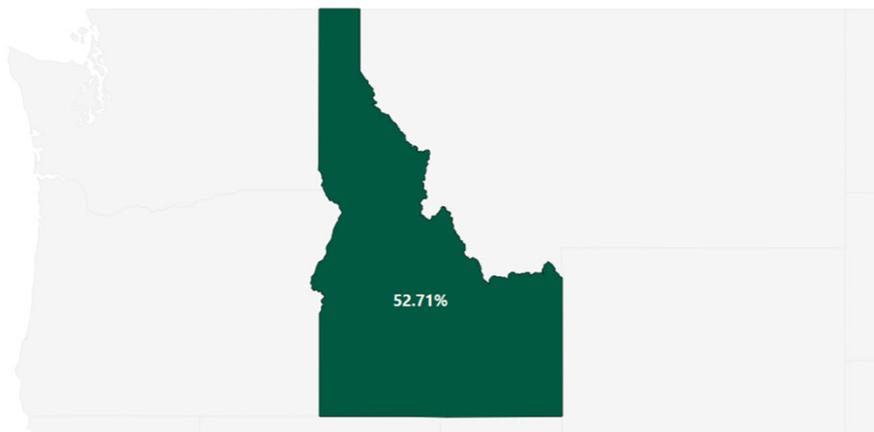


WIC Breastfeeding Support

- Individual counseling
- Telephone support
- Nutritious foods to support
- Peer counselors
- Support groups
- Classes
- Breastfeeding education materials
- Referrals to physicians and community support systems

7

WIC: Percent of total infants breastfed



Source: <https://www.fns.usda.gov/data-research/data-visualization/wic/breastfeeding>

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FY2024: Top 20 highest states with total infants breastfed

Rank	State Agency	
1	Virgin Islands	71.46%
2	Pueblo of Zuni	62.54%
3	Texas	59.36%
4	New York	56.14%
5	Vermont	54.86%
6	Hawaii	54.66%
7	Idaho	52.70%
8	American Samoa	52.54%
9	Washington	52.52%
10	Northern Mariana Islands	52.35%
11	Acoma-Canoncito-Laguna	52.06%
12	Navajo Nation	51.97%
13	New Jersey	51.96%
14	Alaska	51.93%
15	Utah	50.35%
16	California	49.83%
17	District of Columbia	49.10%
18	Maryland	49.05%
19	Pueblo of San Felipe	47.52%
20	Minnesota	47.51%

Source: <https://www.fns.usda.gov/data-research/data-visualization/wic/breastfeeding>

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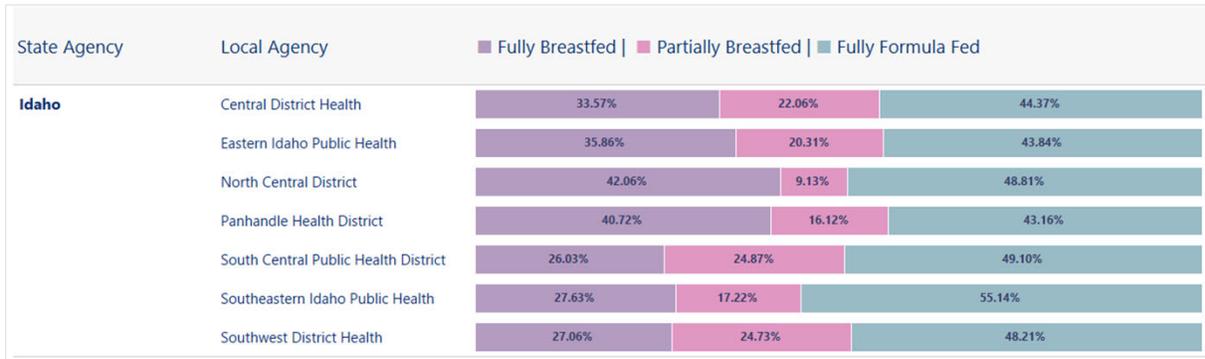
Percent of total infants breastfed by District

State Agency	Local Agency	Statistical Data				Participation Data				
		% Infants Fully Breastfed	% Infants Partially Breastfed	% Infants Total Breastfed	% Infants Fully Formula Fed	Infants Fully Breastfed	Infants Partially Breastfed	Infants Total Breastfed	Infants Fully Formula-fed	Infants Total
Idaho	Southwest District Health	27.06%	24.73%	51.79%	48.21%	348	318	666	620	1,286
	Central District Health	33.57%	22.06%	55.63%	44.37%	423	278	701	559	1,260
	Eastern Idaho Public Health	35.86%	20.31%	56.16%	43.84%	445	252	697	544	1,241
	South Central Public Health District	26.03%	24.87%	50.90%	49.10%	290	277	567	547	1,114
	Southeastern Idaho Public Health	27.63%	17.22%	44.86%	55.14%	231	144	375	461	836
	Panhandle Health District	40.72%	16.12%	56.84%	43.16%	250	99	349	265	614
	North Central District	42.06%	9.13%	51.19%	48.81%	106	23	129	123	252
	Total	31.68%	21.03%	52.71%	47.29%	2,104	1,397	3,501	3,141	6,642
Grand Total		31.68%	21.03%	52.71%	47.29%	2,104	1,397	3,501	3,141	6,642

Source: <https://www.fns.usda.gov/data-research/data-visualization/wic/breastfeeding>

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Breastfeeding data by district



Source: <https://www.fns.usda.gov/data-research/data-visualization/wic/breastfeeding>

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Contact Information



ewaddoups@cdh.idaho.gov
www.cdh.idaho.gov



208-327-8545



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Women, Infant and Children (WIC)

Board Update: An operational update highlighting workforce stabilization and the strategy to increase WIC participation

Beth Bolen, LCSW
March 20, 2026

HEALTHY. HAPPY. CDH

1

The logo "HAPPY. HEALTHY. CDH." is displayed in large, bold, teal and blue letters. Below it is a photograph of a woman in a white top kissing a baby on the cheek. The image is framed by a stylized rainbow graphic with blue, green, and white curved lines.

Where we were:

Clinical Assistant Turnover Rate

Period	Turnover Rate
JAN-DEC 2024	50%
JAN -JUNE 2025	25%
JULY-DEC 2025	17%
JAN-FEB 2026	0%

2

What changed:

- People & Culture
 - Wage increases
 - Listening sessions
 - Team morale
 - New on-boarding
- Operations & Access
 - Improved workflows & collaborations
 - Walk-In Wednesdays
- Results:
 - **Processing standards improved 84%(Dec 2024) to 96% (December 2025)**



3

What's next:

- Access to SNAP data for targeted outreach to eligible families
- Focused marketing
 - Pregnancy
 - Infants
- Collaboration with community partners
- Goal:
 - Increased WIC participation among pregnant women and infants

**HAPPY.
HEALTHY.
CDH.**



4

