



## Elmore County Health Coalition Meeting

Thursday, February 19th, 2026

2:00 – 3:30pm

[Watch meeting recording here](#)

In-person Meeting Location:

Doyel Ray Hope Center

1140 Airbase Road (W 6th S)

Mountain Home, ID 83647

### MISSION

*To bring together and work with community partners to empower our communities through strategic initiatives that advance equity and health for present and future generations*

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### Welcome and Introductions

View attendance and contact info for attendees [here](#).

Please connect with each other!

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### Community Presenter: Berenice Medina (see 0:00- 3:35 in recording; recording started late)

#### Western Idaho Community Health Collaborative (WICHC)- CHNA & Implementation Plan Updates

- The Western Idaho Community Health Collaborative (WICHC): To learn more about WICHC, visit our website: <https://www.wichc.org/>
  - Note: WICHC has a few member openings. If anyone is interested in joining, they can send me an email. The openings are:
    - Nursing Rep
    - Consumer Rep
    - Primary Care Clinician (D3)
- Regional Implementation Plan Updates:
  - Housing Workgroup: Our Chair, Angie Gribble, will be presenting at a conference on housing and economic development this March. Details [here](#). This workgroup is also creating resources on the connection between housing and health.
  - Behavioral Health Workgroup: The Stigma Reduction Project Team has [updated their mental health and wellbeing flyer](#) and is in the process of developing a behavioral health communications toolkit. Additionally, the behavioral health workgroup (Strategy 1) is working on creating a survey that understands the needs of the incoming behavioral health workforce and the current workforce. ISU is creating the survey (statewide focus).
- Access to Care Workgroup: This workgroup and United Way continue to promote findhelpidaho across the WICHC footprint. Virtual training opportunities can be

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found [here](#). If anyone wants to join a training in person, there are two options coming up in Canyon and Ada (flyers are attached). Note: Anne just informed me that they are likely going to move the training to another location in Elmore County from the base due to the current government shutdown. Any suggestions for an onsite location in Elmore County? Maybe CDH Elmore? Additionally, this workgroup has a new Chair, Ashley Rundle, and is in the process of refining their strategy.

- Final CHNA Report: The final report is expected this June.

If anyone wants to join these virtual workgroups, please have them email [wichc@swdh.id.gov](mailto:wichc@swdh.id.gov). I will forward their interest to the appropriate workgroup chair.

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**Community Presenter: Curtis Walker- Case Managers of Idaho (MST) (See 4:15 – 31:10 in recording)**

Curtis Walker from Case Managers of Idaho presented a comprehensive overview of the MST program, its evidence-based approach for youth in the juvenile justice system, comparative outcomes, expansion plans in Elmore County, and answered questions from Mindy, Christy, and others regarding capacity, referral processes, and funding.

- **MST Program Principles and Approach:** Curtis explained that MST is a holistic, strengths-based, and person-centered intervention targeting youth involved in the juvenile justice system or experiencing behavioral health crises. The program works intensively with families, peers, schools, and communities to address root causes and foster sustainable positive outcomes.
- **Comparative Outcomes and Cost Effectiveness:** Curtis highlighted that MST leads to significant reductions in recidivism, hospitalization, and criminal activity compared to traditional interventions, with cost savings for counties and the state. The program emphasizes keeping youth in their homes and addressing environmental factors to support long-term success.
- **Current Capacity and Expansion in Elmore County:** Curtis reported that MST is onboarding its first Elmore County case, with plans to expand a full team of clinicians and a supervisor in the area. The Boise team is at near capacity, and efforts are underway to build capacity in other counties with demonstrated need.
- **Referral and Funding Processes:** Curtis clarified that referrals can come from various sources, including families themselves, and that MST accepts funding from Magellan, Medicaid, and CBAS through the Department of Juvenile Corrections. The referral process involves a fillable PDF form and a warm handoff to ensure continuity of care.
- **Age Range and Program Duration:** Curtis stated that MST typically serves youth aged 12 to 17.5, with some flexibility for 11-year-olds on a case-by-case basis. The program duration is generally four to six months, but can be extended based on individual needs.
- Please feel free to reach out to Curtis or Wendy with questions or follow up:
  - Wendy ([wendy.pelletier@casemanagersofidaho.com](mailto:wendy.pelletier@casemanagersofidaho.com))
  - Curtis ([curtis.walker@casemanagersofidaho.com](mailto:curtis.walker@casemanagersofidaho.com))

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## **EHC Committee Updates (See 31:20-38:50 in recording)**

### **Committee Updates: Nicotine/SUD, Mental Health, and Nutrition:**

- **Nicotine/SUD Committee (Heather Terrian):** The committee is working with Mountain Home School District counselors to implement the Catch My Breath program and is developing informational materials for local vape shops to raise awareness about vaping risks. The next meeting is scheduled for March 20th.
- **Mental Health Committee Activities (Mindy Curran):** The Mental Health Committee is updating its resource listings and distributing a flyer with committee goals and QR codes for mental health resources. The next virtual meeting is set for March 17th.
- **Nutrition Committee Projects (Mindy Curran):** The Nutrition Committee is preparing a newspaper article for National Nutrition Month, reviewing data from Nutrition 101 classes, and focusing on high school athletes and seniors as priority populations. A food rescue program at Falcon's Landing, in partnership with Central District Health, St. Luke's, and LEAP Housing, is set to launch, providing fresh produce to residents. Heather Whitehead was introduced as the new nutrition coordinator at Central District Health and will be present in Mountain Home weekly starting in March, and will also take over Nutrition Committee coordination.
- **EHC Event Tote Available at CDH Elmore (See 38:50- 40:00)**
  - Plastic yellow lidded tote with community partner flyers, SWAG, tablecloth, table signs available for anyone interested, willing and able to utilize the tote at any Elmore County events. Please take it, use the supplies, or add supplies for your organization! It is housed at CDH Elmore, and email Mindy to "reserve" it. (mcurran@cdh.idaho.gov)

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## **Roundtable Updates- Open to All (See 40:00- 51:51 in recording)**

- Felicia- announced a women's feminine product drive by the Med group during the month of March on base, seeking organizations to receive donations. Xochil suggested ECDVC and Christy suggested reaching out to Roger Munoz the Elmore County CHEMS person, with Mindy facilitating connections.
- Amy- Offered to share a free parenting resource guide from the Institute of Child Psychology. Here they are:
  - [Guide to Building Unshakeable Confidence in Your Child](#)
  - [FREE Children's Mental Health + Parenting Spring Summit \(March 16-19\)](#)
- Ashlie- Reminded the group about a QPR suicide prevention certification class happening on the night of Feb 19th and discussed plans to expand community mental health training, including youth mental health first aid, with Heather Terrian expressing interest in instructing.
- Allison- Shared details about Girls on the Run after-school programs at West and Hacker Middle Schools, targeting girls in 3rd through 6th grade, with registration details and partnerships with Saint Luke's and ICCU. Looking for girls to participate! Program starts March 2<sup>nd</sup>, with a 5k to end the program on May 5<sup>th</sup>. See attached flyer for more info.
- Scott- Updated the group on the City of Mountain Home's new website platform, aiming to expand community resource links and coordinate with Mindy and the library for comprehensive Padlet listings to add to the website.

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- Caregiver Support and Education: Monique announced a six-week Powerful Tools for Caregivers class at the Mountain Home Library and ongoing support groups for grandparents raising grandchildren, with registration information available through her ([monique.layton@a3ssa.com](mailto:monique.layton@a3ssa.com)).
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Next meeting: April 16<sup>th</sup> , 2026

Find the Elmore County Health Coalition landing page and past minutes and presentations here: <https://cdh.idaho.gov/community-health/community-health-partnerships/elmore-county-healthcare-coalition/>