

Boise County Health Coalition Meeting Agenda

Monday March 16th, 2026

12:00pm – 1:00pm

Virtual Meeting via Microsoft Teams (see meeting link below)



Welcome & Introductions

Attendees: Mindy Curran, Laura Ackerman, Tonya Heffington, Tracy Hall, Brent Watson, Sheila Weaver

Community Presenter: Idaho Caregiver Alliance (see presentation in 0:00- 21:20 in [recording](#))

Sheila Weaver provided an in-depth overview of the Idaho Caregiver Alliance and the Family Caregiver Navigator program. Sheila explained that the Idaho Caregiver Alliance serves as the voice, convener, and catalyst for unpaid family caregivers, working with partners such as schools, state government agencies, the Commission on Aging, and healthcare organizations to support caregivers across the lifespan. The Family Caregiver Navigator as a low-barrier, statewide program accessible by phone, designed to meet caregivers where they are and provide support regardless of Medicaid status,

Sheila introduced ongoing and upcoming educational opportunities for caregivers, including the Idaho Kinship Caregiver Education Series and events focused on grief and trauma-informed parenting, See picture below and link [here](#) to share about upcoming virtual education opportunities.

Idaho Kinship Caregiver Education Series
Kinship caregivers: Grandparents, other adult family members, or close family friends who are raising children whose parents are unable to do so.
3rd Saturday of the Month - 10:00AM - 12:00PM MT
FREE - Virtual on Zoom

MAR 21	A Brief Intro to Trust-Based Relational Intervention <i>Connecting, empowering and correcting</i>	Facilitator: Michelle Bass, LCSW
APR 18	The Brain, The Body and Window of Tolerance <i>Keeping them (and you) regulated</i>	
MAY 16	Attachment and Relationship Shifts <i>Renegotiating your new role</i>	
JUN 20	Self-Care and Building Community <i>"I always put myself on the back burner"</i>	
JUL 18	Open Forum - Putting It All Together <i>You ask, we'll answer</i>	

Visit www.idahocaregiveralliance.com for additional information

Scan to Register for Free:  Flexible attendance - come to one session, several, or all.

Provided with Generous Support from:   

MOVING THROUGH GRIEF AND CAREGIVING: TOOLS AND INSIGHTS

Annique Dayley
Chaplain & Volunteer Coordinator, Enhabit Hospice

Dr. Raven Weaver
Associate Professor, Washington State University

Celebrate Mental Health Awareness Month by learning about the intersection of grief and caregiving. Our knowledgeable speakers will educate attendees on ambiguous loss, anticipatory loss and possible support, and how children and adolescents grieve.

May 5th, 2026
12:00 pm – 1:00 pm
Virtual (Zoom)

Register Now! 

idahocaregiveralliance.com
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- Laura, Tracy Hall, and Sheila exchanged information about local organizations and resources such as Safe Families for Children, Angel Wings Network, and The Love of Kinship, emphasizing the importance of connecting caregivers to both formal and informal community supports.

Old Business

- We ran out of time to discuss this. However, I would love for this document to be a working document with our goals and objectives staying the same or similar, with the strategies being updated as needed. Please feel free to comment on this at any time, or bring up any strategies for discussion at future health coalition meetings.
- **EVERYONE:** Review and make comments with any ideas or thoughts about strategies here: <https://docs.google.com/document/d/1ZSGh8QxpL7lFLOJM2cF2wXMwmXawPBlo/edit?usp=sharing&oid=107302588311647068304&rtpof=true&sd=true>

New Business

- **2026 Health Fair Planning- Discuss Dates, Locations and Details**
 - GV- Not present but Mindy will follow up with them.
 - HSB- Laura and Traci present. Think continuing the health fair is a great idea. We are going to try and connect with the HSB library, Huckle and Sage, Rooted and the chamber to discuss dates and details.
 - Idaho City- Tonya and Brent thought including multiple locations, like library and ambulance district building may be a good idea. Keep during Idaho City Days. Definitely get the chamber involved for promotion and support.
 - Mindy is going to coordinate with each community, looping in relevant needed planning partners to have individual planning meetings (virtual), as email chains can get too long and get lost.
- **Coalition Mini Grant Opportunity-** (This was also not discussed during the meeting, however, here are the details. Please consider any small collaborative project ideas you might like to bring forth to apply for this!
 - The eligible project areas (substance use/misuse, mental and behavioral health, nutrition and physical activity). There is a \$2,500 funding cap, a requirement for collaborative projects, and projects must be complete by June 30th.
 - Review, download and fill out the application from the minutes email if interested.

Roundtable Announcements, Needs and Ideas

No updates shared during this meeting

Action Items:

- Mindy: Schedule health fair coordination meetings with each community
- Mindy: Investigate Meals on Wheels options for Boise County
- Mindy: Work with Natalie to plan boothing opportunities at Senior Centers in HSB and Idaho City
- Mindy: Look into getting SWIAA ads into newspapers
- Mindy: Investigate child daycare solutions

- Mindy: Schedule follow up meeting for LEAP/ Idaho City Affordable Housing taskforce
- Mindy: Talk with Bart about LEAP presentation in HSB

Next Meeting: April 20th @ Idaho City. (Location TBD)